

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 April Fools Day 10 am Camden Shopping** 10 am Men's Group (GR) 12 noon Parkinson's Supp. (MR, GR) 1-2 pm Blood Pressure Clinic 2 pm Wii Bowling (MR) 3 pm Wii Golf (MR) 6 pm Alzheimer's Supp. (MR) 6:15 pm departure USM Chamber Singers, Strom * **	2 9:30 am Rockland Shopping** 9:30-10:15 am Fitness (FR) 10 am Senior Breakfast (MR) 3 pm Activities Committee (L)	3 8:30 am departure Senior College* ** 12:15 pm departure Senior College* ** 1:30 pm Knitting and Handcrafts (LR)	4 9:30-10:15 am Fitness (FR) 10 am New Pathways for Parkinson's (MR) 3 pm Poetry, Tea & Thee (LR) 7 pm Movie Night (MR)	5 12:30 pm Movie & Popcorn (MR)
6 1:30 pm Nondenom. Service by Coastal Christian (2T) 3:30 pm departure Cong. Church benefit concert, Midcoast Brass Quintet* **	7 9:30-10:15 am Zumba Gold (FR) 3 pm Book Club (L)	8 10 am Camden Shopping** 10 am Men's Group (GR) 10:30 am Women's Cancer Support (LR) 1-2 pm Blood Pressure Clinic 1 pm Wii Bowling (MR) 2 pm Wii Golf (MR)	9 9:30 am Rockland Shopping** 9:30-10:15 am Fitness (FR) 11 am iPad Instruction (2T) 1 pm Your Health Matters, "Crime Prevention and Safety for Older Adults," (M/LR)*	10 8:30 am departure Senior College* ** 12:15 pm departure Senior College* ** 1:30 pm Knitting and Handcrafts (LR)	11 9:30-10:15 am Fitness (FR) 10 am New Pathways for Parkinson's (MR) 7 pm Movie Night (MR)	12 10 am Rep. Joan Welsh, "What's Happening in Augusta" (2T) 12:30 pm Movie & Popcorn (MR) 4-5 pm Birthday Social (M/LR)
13 Palm Sunday 1:30 pm Nondenom. Lay Service by Judy (2T) 6 pm Wii Golf Demonstration with Coach Phil (to celebrate Masters Tournament)	14 Passover begins at sundown 9:30-10:15 am Zumba Gold (FR) 10:30 am-12:30 pm Documentary/Discussion Group (MR)	15 10 am Camden Shopping** 10 am Men's Group (GR) 12:30 departure Opera at Strand, <i>La Boheme</i> * ** 1-2 pm Blood Pressure Clinic 1 pm Wii Bowling (MR) 2 pm Wii Golf (MR)	16 9:30 am Rockland Shopping** 9:30-10:15 am Fitness (FR) 10 am departure Adventures in Living Well, "How Not to Get Lyme Disease," Camden Library* ** 3 pm Activities Committee (L)	17 8:30 am departure Senior College* ** 12:15 pm departure Senior College* ** 1:30 pm Knitting and Handcrafts (LR)	18 Good Friday 9:30-10:15 am Fitness (FR) 10 am New Pathways for Parkinson's (MR) 3 pm Poetry, Tea & Thee (LR) 7 pm Movie Night (MR)	19 12:30 pm Movie & Popcorn (MR)
20 Easter 11 am-1 pm Special Easter Sunday Brunch (DR)* 1:30 pm Nondenom. Service Hosted by Methodist Church (2T)	21 9:30-10:15 am Zumba Gold (FR)	22 Earth Day 10 am Camden Shopping** 10 am Men's Group (GR) 1-2 pm Blood Pressure Clinic 1 pm Wii Bowling (MR) 2 pm Wii Golf (MR)	23 9:30 am Rockland Shopping** 9:30-10:15 am Fitness (FR)	24 8:30 am departure Senior College* ** 12:15 pm departure Senior College* ** 1:30 pm Knitting and Handcrafts (LR)	25 9:30-10:15 am Fitness (FR) 10 am New Pathways for Parkinson's (MR) 7 pm Movie Night (MR)	26 12:30 pm Movie & Popcorn (MR) 1:30 pm departure Farnsworth Museum Gallery Talk, "The Wyeths" \$7 * ** 4-5 pm Wine & Cheese Social (M/LR)
27 1:30 pm Nondenom. Service Hosted by Congregational Church (2T)	28 8 am-12:30 pm AARP Driver Safety Program (MR) 9:30-10:15 am Zumba Gold (FR)	29 10 am Camden Shopping** 10 am Men's Group (GR) 1-2 pm Blood Pressure Clinic 1 pm Wii Bowling (MR) 2 pm Wii Golf (MR)	30 9:30 am Rockland Shopping** 9:30-10:15 am Fitness (FR)			*Signup required **Transportation provided, weather and ridership permitting