

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 10 am Camden Shopping** 10 am Men’s Group (GR) 12 noon Parkinson’s Support (MR, GR) 2-3 pm Blood Pressure Clinic 2 pm Wii Bowling (MR) 3 pm Wii Golf (MR) 6 pm Alzheimer’s Supp. (MR)	2 9:30 am Rockland Shopping** 9:30-10:15 am Fitness Class (FR) 3 pm Activities Committee (L)	3 1:30 pm Knitting/Handcrafts (LR)	4 Independence Day 3 pm departure Camden Harbor Park Band Concert* **	5 12:30 pm Movie & Popcorn (MR)
6 1:30 pm Nondenom. Lay Service (2T)	7 9:30-10:15 am Fitness Class (FR) 3 pm Book Club (L)	8 10 am Camden Shopping** 10 am Men’s Group (GR) 2-3 pm Blood Pressure Clinic 1 pm Wii Bowling (MR) 2 pm Wii Golf (MR)	9 9:30 am Rockland Shopping** 9:30-10:15 am Fitness Class (FR) 10:30 am-12 noon Panel Discussion on Volunteering Opportunities (M/LR)* 5 pm Vintage Cars Cruise In	10 1:30 pm Knitting/Handcrafts (LR)	11 9:30-10:15 am Fitness Class (FR) 10 am New Pathways for Parkinson’s (MR) 7 pm Movie Night	12 12:30 pm Movie & Popcorn (MR) 4-5 pm Birthday Social (M/LR)
13 1-3 pm: Cottage Open House 1:30 pm Nondenom. Service Hosted by Methodist (2T)	14 9:30-10:15 am Fitness Class (FR) 10:30 am-12:30 pm Documentary/Discussion Group (MR)	15 10 am Camden Shopping** 10 am Men’s Group (GR) 2-3 pm Blood Pressure Clinic 1 pm Wii Bowling (MR) 2 pm Wii Golf (MR)	16 9:30 am Rockland Shopping** 9:30-10:15 am Fitness Class (FR) 10:30 am-12 noon Adventures in Living Well, “John James Audubon” (M/LR)* 3 pm Activities Committee (L)	17 1:30 pm Knitting/Handcrafts (LR) 7 pm departure Bay Chamber Concerts, “Violin Sonatas” * **	18 9:30-10:15 am Fitness Class (FR) 10 am New Pathways for Parkinson’s (MR) 3 pm Poetry, Tea & Thee (LR) 3-5 pm Pre-Yard Sale 7pm Movie Night (MR)	19 8 am –12 noon Yard Sale
20 1:30 pm Nondenom.Service Hosted by Congregational Church (2T)	21 9:30-10:15 am Fitness Class (FR)	22 10 am Camden Shopping** 10 am Men’s Group (GR) 2-3 pm Blood Pressure Clinic 1 pm Wii Bowling (MR) 2 pm Wii Golf (MR)	23 9:30 am Rockland Shopping** 9:30-10:15 am Fitness Class (FR)	24 1:30 pm Knitting/Handcrafts (LR) 7 pm departure Bay Chamber Concerts, “The Four Seasons”**	25 9:30-10:15 am Fitness Class (FR) 10 am New Pathways for Parkinson’s (MR) 7 pm Movie Night (MR)	26 12:30 pm Movie & Popcorn (MR) 4-5 pm Wine & Cheese Social (M/LR)
27 1:30 pm Nondenom. Service Hosted by Catholic (2T)	28 9:30-10:15 am Fitness Class (FR)	29 10 am Camden Shopping** 10 am Men’s Group (GR) 2-3 pm Blood Pressure Clinic 1 pm Wii Bowling (MR) 2 pm Wii Golf (MR)	30 9:30 am Rockland Shopping** 9:30-10:15 am Fitness Class (FR)	31 1:30 pm Knitting/Handcrafts (LR) 7 pm departure Bay Chamber Concerts ,” Romantic Music for Piano and Clarinet* **		*Signup required **Transportation provided, weather and ridership permitting