

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<b>1</b> <b>9:30-10:15 am</b> Fitness Class (FR) <b>10 am</b> New Pathways for Parkinson's (MR) <b>3 pm</b> Poetry, Tea & Thee (LR) <b>7 pm</b> Movie Night (MR)	<b>2</b>
<b>3</b> <b>1:30 pm</b> Nondenom. Service Hosted by Episcopal Church (2T)	<b>4</b> <b>9:30-10:15 am</b> Fitness Class (FR)	<b>5</b> <b>10 am</b> Camden Shopping** <b>10 am</b> Men's Group (GR) <b>12 noon</b> Parkinson's Support (MR, GR) <b>2-3 pm</b> Blood Pressure Clinic <b>3 pm</b> Steve Collins: Theater of the 1930s-1950s (MR) <b>6 pm</b> Alzheimer's Supp. (MR)	<b>6</b> <b>9:30 am</b> Rockland Shopping** <b>9:30-10:15 am</b> Fitness Class (FR) <b>3 pm</b> Activities Committee (L)	<b>7</b> <b>1:30 pm</b> Knitting/Handcrafts (LR) <b>7 pm departure</b> Bay Chamber Concerts, "Dialogue" * **	<b>8</b> <b>9:30-10:15 am</b> Fitness Class (FR) <b>10 am</b> New Pathways for Parkinson's (MR) <b>7 pm</b> Movie Night	<b>9</b> <b>12:30 pm</b> Movie & Popcorn (MR) <b>4-5 pm</b> Birthday Social (M/LR)
<b>10</b> <b>1:30 pm</b> Nondenom. Lay Service by Judy (2T)	<b>11</b> <b>9:30-10:15 am</b> Fitness Class (FR) <b>10:30 am-12:30 pm</b> Documentary/Discussion Group (MR)	<b>12</b> <b>10 am</b> Camden Shopping** <b>10 am</b> Men's Group (GR) <b>2-3 pm</b> Blood Pressure Clinic <b>1 pm</b> Wii Bowling (MR) <b>2 pm</b> Wii Golf (MR) <b>2:30-3:30 pm</b> Telekin Computer Training (GR)*	<b>13</b> <b>9:30 am</b> Rockland Shopping** <b>9:30-10:15 am</b> Fitness Class (FR) <b>10:45 am departure</b> Lunch at Peter Ott's* **	<b>14</b> <b>1:30 pm</b> Knitting/Handcrafts (LR) <b>7 pm departure</b> Bay Chamber Concerts, "Parker Quartet" * ** <b>2:30-3:30 pm</b> Telekin Computer Training (GR)*	<b>15</b> <b>9:30-10:15 am</b> Fitness Class (FR) <b>10 am</b> New Pathways for Parkinson's (MR) <b>3 pm</b> Poetry, Tea & Thee (LR) <b>7 pm</b> Movie Night (MR)	<b>16</b> <b>12:30 pm</b> Movie & Popcorn (MR) <b>1-3 pm</b> Cottage Open House <b>3:15 pm departure</b> BCC Jazz at Rockport Harbor* **
<b>17</b> <b>1:30 pm</b> Nondenom. Service Hosted by Coastal Christian (2T)	<b>18</b> <b>8:15 am departure</b> Your Life, Your Choices: Advance Care Planning for End-of-Life, Salvation Army Building, Rockland* ** <b>9:30-10:15 am</b> Fitness Class (FR)	<b>19</b> <b>10 am</b> Camden Shopping** <b>10 am</b> Men's Group (GR) <b>2-3 pm</b> Blood Pressure Clinic <b>1 pm</b> Wii Bowling (MR) <b>2 pm</b> Wii Golf (MR)	<b>20</b> <b>9:30 am</b> Rockland Shopping** <b>9:30-10:15 am</b> Fitness Class <b>10:30 am-12 noon</b> Adventures in Living Well, "Bringing Language Learning to Life," (M/LR) *	<b>21</b> <b>1:30 pm</b> Knitting/Handcrafts (LR) <b>7 pm departure</b> Bay Chamber Concerts, "Beethoven – Dohnanyi" * **	<b>22</b> <b>9:30-10:15 am</b> Fitness Class (FR) <b>10 am</b> New Pathways for Parkinson's (MR) <b>4:30-6:30 pm</b> Lobster Bake, Anderson Inn Parking Area* <b>7 pm</b> Movie Night	<b>23</b> <b>12:30 pm</b> Movie & Popcorn (MR)
<b>24</b> <b>1:30 pm</b> Nondenom. Service Hosted by Methodist Church (2T)	<b>25</b> <b>9:30-10:15 am</b> Fitness Class (FR)	<b>26</b> <b>10 am</b> Camden Shopping** <b>10 am</b> Men's Group (GR) <b>2-3 pm</b> Blood Pressure Clinic <b>1 pm</b> Wii Bowling (MR) <b>2 pm</b> Wii Golf (MR)	<b>27</b> <b>9:30 am</b> Rockland Shopping** <b>9:30-10:15 am</b> Fitness Class (FR)	<b>28</b> <b>1:30 pm</b> Knitting/Handcrafts (LR) <b>7 pm departure</b> Bay Chamber Concerts, "Memorial Concert for Marc Johnson" * **	<b>29</b> <b>9:30-10:15 am</b> Fitness Class (FR) <b>10 am</b> New Pathways for Parkinson's (MR) <b>3 pm</b> Ride Up Mt. Battie* ** <b>7 pm</b> Movie Night	<b>30</b> <b>12:30 pm</b> Movie & Popcorn (MR) <b>4-5 pm</b> Wine & Cheese Social (M/LR)
<b>31</b> <b>1:30 pm</b> Nondenom. Service Hosted by Congregational Church (2T)						*Signup required  **Transportation provided, weather and ridership permitting