

July 2015 – Cottages & Apartments

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>*Signup required **Transportation provided, weather and ridership permitting</p>			<p>1 9:30 am Rockland Shopping** 9:30-10:15 am Fitness Class (FR) 1-3 pm Cottage Open House</p>	<p>2 1:30 pm Knitting and Handcrafts (LR)</p>	<p>3 9:30-10:15 am Fitness Class (FR) 10 am New Pathways for Parkinson's (MR) 3 pm Poetry, Tea & Thee (LR) 7 pm Movie Night (MR)</p>	<p>4 Independence Day 2-4 pm Fourth of July Celebration (Anderson Inn Parking Area) 8 pm Viewing of "A Capitol Fourth" live on PBS (MR)</p>
<p>5 1:30 pm Nondenominational Service by Episcopal Church (2T)</p>	<p>6 9:30-10:15 am Fitness Class (FR) 3 pm Activities Committee (MR)</p>	<p>7 10 am Camden Shopping** 10 am Men's Group (GR) 12 noon-1:45 pm Parkinson's Support Group (MR, GR) 2-3 pm Blood Pressure Clinic 3:30 pm "Save Our Steeple" (2T) 6-7 pm Alzheimer's Support Group (LR)</p>	<p>8 9:30 am Rockland Shopping** 9:30-10:15 am Fitness Class (FR) 1 pm Wii Sports (MR)</p>	<p>9 1:30 pm Knitting and Handcrafts (LR) 7 pm departure Bay Chamber Concerts, "To Music: Opening Night Gala"* **</p>	<p>10 9:30-10:15 am Fitness Class (FR) 10 am New Pathways for Parkinson's (MR) 2 pm Penobscot School English-Immersion Students #1 (M/LR) 7 pm Movie Night (MR)</p>	<p>11 4-5 pm Birthday Social (M/LR)</p>
<p>12 1:30 pm Nondenominational Service Led by Judy Cucinotta (2T)</p>	<p>13 9:30-10:15 am Fitness Class (FR) 2 pm Penobscot School English-Immersion Students #2 (M/LR) 10:30 am-12:30 pm Documentary/Discussion Group (MR)</p>	<p>14 10 am Camden Shopping** 10 am Men's Group (GR) 2-3 pm Blood Pressure Clinic</p>	<p>15 9:30 am Rockland Shopping** 9:30-10:15 am Fitness Class (FR) 10:30 am Adventures in Living Well, "Their Eyes Have Seen the Glory" (M/LR)* 5:30 pm Vintage Car Rally (Anderson Inn Parking Area)</p>	<p>16 Departure Time TBA Camden Garden Club House & Garden Tour* ** 1:30 pm Knitting and Handcrafts (LR) 3:45 pm Computer Workshop (MR)* 7pm departure Bay Chamber Concerts, "Song Makers"* **</p>	<p>17 9:30-10:15 am Fitness Class (FR) 10 am New Pathways for Parkinson's (MR) 3 pm Poetry, Tea & Thee (LR) 3-5 pm Pre-Yard Sale (Anderson Inn Carport)</p>	<p>18 8 am-12 noon Yard Sale (Anderson Inn Carport)</p>
<p>19 1:30 pm Nondenominational Service Led by Ted Clapp (2T)</p>	<p>20 9:30-10:15 am Fitness Class (FR)</p>	<p>21 10 am Camden Shopping** 10 am Men's Group (GR) 2-3 pm Blood Pressure Clinic</p>	<p>22 9:30 am Rockland Shopping** 9:30-10:15 am Fitness Class (FR) 1 pm Wii Sports (MR)</p>	<p>23 1:30 pm Knitting and Handcrafts (LR) 3:45 pm Computer Workshop (MR)* 7 pm departure Bay Chamber Concerts, "Notable Piano Trios"* **</p>	<p>24 9:30-10:15 am Fitness Class (FR) 10 am New Pathways for Parkinson's (MR) 11 am departure Lunch Out, Archer's on the Pier, Rockland 7 pm Movie Night (MR)</p>	<p>25 1-3 pm Cottage Open House 4-5 pm Wine & Cheese Social (M/LR)</p>
<p>26 1:30 pm Nondenominational Service by Methodist Church (2T)</p>	<p>27 9:30-10:15 am Fitness Class (FR)</p>	<p>28 10 am Camden Shopping** 10 am Men's Group (GR) 2-3 pm Blood Pressure Clinic</p>	<p>29 9:30 am Rockland Shopping** 9:30-10:15 am Fitness Class (FR) 1 pm Wii Sports (MR)</p>	<p>30 1:30 pm Knitting and Handcrafts (LR) 7 pm departure Bay Chamber Concerts, "Latitude 41 and Friends"* **</p>	<p>31 9:30-10:15 am Fitness Class (FR) 10 am New Pathways for Parkinson's (MR) 7 pm Movie Night (MR)</p>	