

December 2016 – Cottages & Apartments

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|--|--|--|---|---|
| *Signup required **Transportation provided, weather and ridership permitting | | | | 1 1:30 pm Knitting & Handcrafts (LR) | 2 9:30-10:15 am Fitness Class (FR) 10 am New Pathways for Parkinson's (MR) 3 pm Poetry, Tea & Thee (LR) 7 pm Movie Night (MR) | 3 3 pm departure "Ringing in the Season" (1 st Congregational Church, Camden)* ** |
| 4 1:30 pm Nondenominational Service Led by Judy Cucinotta (2T) | 5 9:30-10:15 am Fitness Class (FR) 3 pm Activities Committee (MR) 3-4 pm Book Club (L) | 6 10 am Camden Shopping** 10 am Men's Group (GR) 11:30 am Cottage Association Board Meeting (DR) 12 noon-2 pm Parkinson's Support Group (MR, GR) 2-3 pm Blood Pressure Clinic 6-7 pm Alzheimer's Support Group (LR) | 7 Pearl Harbor Remembrance Day 9:30 am Rockland Shopping** 9:30-10:15 am Fitness Class (FR) 1 pm Wii Sports (MR) 2:30 pm Walking Group 6:30 pm Lights Ride*** | 8 1 pm CHRHS Chamber Singers (M/LR) 3 pm Apartment Residents Meeting (M/LR) | 9 9:30-10:15 am Fitness Class (FR) 10 am New Pathways for Parkinson's (MR) 7 pm Movie Night (MR) | 10 2:15 pm departure Bay Chamber Concerts, "A Broadway Christmas" (Rockport Opera House)* ** 4-5 pm Birthday Social (M/LR) |
| 11 1:30 pm Nondenominational Service Hosted by Methodist Church (2T) | 12 9:30 am departure Holiday Shopping in Freeport* ** 9:30-10:15 am Fitness Class (FR) 10:30 am-12:30 pm Documentary/Discussion Group (MR) | 13 10 am Camden Shopping** 10 am Men's Group (GR) 2-3 pm Blood Pressure Clinic | 14 9:30-10:15 am Fitness Class (FR) 10:30 am Adventures in Living Well, " Discovering Creativity..." (Camden Public Library)* ** 1 pm Wii Sports (MR) 2:30 pm Walking Group | 15 9:30 am Writing Across Generations (WAG), Terraces 1:30 pm Knitting & Handcrafts (LR) 6 pm departure Winter Choral/Band Concert (Strom Auditorium, CHRHS) * ** | 16 9:30-10:15 am Fitness Class (FR) 10 am New Pathways for Parkinson's (MR) 3 pm Poetry, Tea & Thee (LR) 5:45 pm (approximately)Carolers from Congregational Church (DR) 7 pm Movie Night (MR) | 17 10 am Girl Scouts Holiday Singalong (M/LR) 3 pm departure Mountain View Choral Singers (John St. Methodist Church, Camden)* ** |
| 18 1:30 pm Nondenominational Service Hosted by Congregational Church (2T) | 19 9:30-10:15 am Fitness Class (FR) | 20 10 am Camden Shopping** 10 am Men's Group (GR) 10:30 am Women's Cancer Support Group (LR) 12:15 pm departure Encore Opera Series, <i>L'Amour De Loin</i> (Strand Theatre, Rockland)* ** 2-3 pm Blood Pressure Clinic | 21 Winter Begins 9:30 am Rockland Shopping** 9:30-10:15 am Fitness Class (FR) 2-3:30 pm Holiday Party (M/LR) | 22 1:30 pm Knitting & Handcrafts (LR) | 23 9:30-10:15 am Fitness Class (FR) 10 am New Pathways for Parkinson's (MR) 7 pm Movie Night (MR) | 24 Hanukkah Begins at Sundown |
| 25 Christmas 12 noon-2 pm Christmas Buffet Brunch (DR)* 1:30 pm Nondenominational Service Led by Judy Cucinotta (2T) | 26 9:30-10:15 am Fitness Class (FR) | 27 10 am Camden Shopping** 10 am Men's Group (GR) 2-3 pm Blood Pressure Clinic | 28 9:30-10:15 am Fitness Class (FR) 1 pm Wii Sports (MR) 2:30 pm Walking Group | 29 1:30 pm Knitting & Handcrafts (LR) | 30 9:30-10:15 am Fitness Class (FR) 10 am New Pathways for Parkinson's (MR) 7 pm Movie Night (MR) | 31 New Year's Eve 4 pm-??? New Year's Eve Celebration (1 st Floor, Anderson Inn) 8:30 pm New Year's Eve Film, <i>The Preacher's Wife</i> (MR) |