


# July 2016 – Cottages & Apartments

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
*Signup required **Transportation provided, weather and ridership permitting					<b>1</b> <b>9:30-10:15 am</b> Fitness Class (FR) <b>10 am</b> New Pathways for Parkinson's (MR) <b>3 pm</b> Poetry, Tea & Thee (LR) <b>7 pm</b> Movie Night (MR)	<b>2</b>
<b>3</b> <b>1:30 pm</b> Nondenominational Service Hosted by Congregational Church (2T)	<b>4 Independence Day</b> <b>2 pm</b> 4 <sup>th</sup> of July Celebration (Anderson Inn Parking Area) 	<b>5</b> <b>10 am</b> Camden Shopping** <b>10 am</b> Men's Group (GR) <b>11:30 am departure</b> Cookout at Rockport Harbor <b>12 noon-1:45 pm</b> Parkinson's Support Group (MR, GR) <b>6-7 pm</b> Alzheimer's Support Group (LR)	<b>6</b> <b>9:30 am</b> Rockland Shopping** <b>9:30-10:15 am</b> Fitness Class (FR) <b>1 pm</b> Wii Sports (MR)	<b>7</b> <b>1:30 pm</b> Knitting & Handcrafts (LR)	<b>8</b> <b>9:30-10:15 am</b> Fitness Class (FR) <b>10 am</b> New Pathways for Parkinson's (MR) <b>7 pm</b> Movie Night (MR)	<b>9</b> <b>4-5 pm</b> Birthday Social (M/LR) <b>4:45 pm departure</b> Beanhole Supper at Conway House* **
<b>10</b> <b>1:30 pm</b> Nondenominational Service Hosted by Catholic Church (2T)	<b>11</b> <b>9:30-10:15 am</b> Fitness Class (FR) <b>3 pm</b> Activities Committee (MR)	<b>12</b> <b>10 am</b> Camden Shopping** <b>10 am</b> Men's Group (GR) <b>2-3 pm</b> Blood Pressure Clinic	<b>13</b> <b>9:30-10:15 am</b> Fitness Class (FR) <b>1 pm</b> Wii Sports (MR) <b>5:45 pm</b> Classic Car Cruise-In (Anderson Inn Parking Area)	<b>14</b> <b>1:30 pm</b> Knitting & Handcrafts (LR) <b>7 pm departure</b> Bay Chamber Concerts, "Aeolus Quartet" (Rockport Opera House)* **	<b>15</b> <b>9:30-10:15 am</b> Fitness Class (FR) <b>10 am</b> New Pathways for Parkinson's (MR) <b>3 pm</b> Poetry, Tea & Thee (LR) <b>7 pm</b> Movie Night (MR)	<b>16</b>
<b>17</b> <b>1:30 pm</b> Nondenominational Service (Followed by Communion) Hosted by Episcopal Church (2T)	<b>18</b> <b>9:30-10:15 am</b> Fitness Class (FR) <b>2-3:30 and 3:45-5:15 pm</b> Conversations with Penobscot School Students (MR)*	<b>19</b> <b>10 am</b> Camden Shopping** <b>10 am</b> Men's Group (GR) <b>10 am</b> Residents Council Meeting (MR) <b>2-3 pm</b> Blood Pressure Clinic	<b>20</b> <b>9:30 am</b> Rockland Shopping** <b>9:30-10:15 am</b> Fitness Class (FR) <b>10:30 am</b> Adventures in Living Well, "An Introduction to Wasburn-Norlands Living History Center" (M/LR)* <b>1 pm</b> Wii Sports (MR)	<b>21</b> <b>9 am departure</b> Camden House and Garden Tour* ** <b>1:30 pm</b> Knitting & Handcrafts (LR) <b>7 pm departure</b> Bay Chamber Concerts, "Wolf Family Concert" (Rockport Opera House)* *	<b>22</b> <b>9:30-10:15 am</b> Fitness Class (FR) <b>10 am</b> New Pathways for Parkinson's (MR) <b>7 pm</b> Movie Night (MR)	<b>23</b>
<b>24</b> <b>1:30 pm</b> Nondenominational Service Led by Pastor Gabriele (2T)	<b>25</b> <b>9:30-10:15 am</b> Fitness Class (FR) <b>3 pm</b> Spiritual Discussion Group (M/LR)	<b>26</b> <b>10 am</b> Camden Shopping** <b>10 am</b> Men's Group (GR) <b>11 am</b> Cottage Association Board Meeting (DR) <b>2-3 pm</b> Blood Pressure Clinic	<b>27</b> <b>9:30-10:15 am</b> Fitness Class (FR) <b>1 pm</b> Wii Sports (MR)	<b>28</b> <b>1:30 pm</b> Knitting & Handcrafts (LR) <b>7 pm departure</b> Bay Chamber Concerts, "Follies & Fantasies" (Rockport Opera House)* **	<b>29</b> <b>9:30-10:15 am</b> Fitness Class (FR) <b>10 am</b> New Pathways for Parkinson's (MR) <b>7 pm</b> Movie Night (MR)	<b>30</b> <b>4-5 pm</b> Wine & Cheese Social (M/LR)
<b>31</b> <b>1:30 pm</b> Nondenominational Service Led by Judy Cucinotta (2T)						