

June 2016 – Cottages & Apartments

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 9:30 am Rockland Shopping** 9:30-10:15 am Fitness Class (FR) 10:30 am Coffee Talk (MR) 1 pm Wii Sports (MR)	2 1:30 pm Knitting & Handcrafts (LR)	3 9:30-10:15 am Fitness Class (FR) 10 am New Pathways for Parkinson's (MR) 3 pm Poetry, Tea & Thee (LR) 7 pm Movie Night (MR)	4
5 1:30 pm Nondenominational Service (Followed by Communion) Hosted by Episcopal Church (2T)	6 9:30-10:15 am Fitness Class (FR) 3 pm Activities Committee (MR) 3-4 pm Book Club (L)	7 10 am Camden Shopping** 10 am Men's Group (GR) 12 noon-1:45 pm Parkinson's Support Group (MR, GR) 2-3 pm Blood Pressure Clinic 6-7 pm Alzheimer's Support Group (LR)	8 9:30-10:15 am Fitness Class (FR) 1 pm Wii Sports (MR)	9 1:30 pm Knitting & Handcrafts (LR) 3 pm Apartment Residents Meeting (M/LR)	10 9:30-10:15 am Fitness Class (FR) 10 am New Pathways for Parkinson's (MR) 7 pm Movie Night (MR)	11 4-5 pm Birthday Social (M/LR)
12 1:30 pm Nondenominational Service Led by Pastor Gabriele (2T) 6:15 departure Midcoast Community Chorus Concert (Strom Auditorium, CHRHS)* **	13 9:30-10:15 am Fitness Class (FR) 2 pm Quarry Hill 14 th Anniversary Event (DR)	14 Flag Day 10 am Camden Shopping** 10 am Men's Group (GR) 10:30 am Women's Cancer Support Group (LR) 2-3 pm Blood Pressure Clinic	15 9:30 am Rockland Shopping** 9:30-10:15 am Fitness Class (FR) 10:30 am Adventures in Living Well, "A Walk on the Inca Trail" (M/LR)* 1 pm Wii Sports (MR)	16 10 am Fair Vote Maine Presentation on Ranked-Choice Voting (MR) 1:30 pm Knitting & Handcrafts (LR)	17 9:30-10:15 am Fitness Class (FR) 10 am New Pathways for Parkinson's (MR) 3 pm Poetry, Tea & Thee (LR) 7 pm Movie Night (MR)	18 11 am Men's Pre-Father's Day Brunch (DR)*
19 Father's Day 1:30 pm Nondenominational Service Hosted by Methodist Church (2T)	20 Summer Begins 9:30-10:15 am Fitness Class (FR)	21 10 am Camden Shopping** 10 am Men's Group (GR) 2-3 pm Blood Pressure Clinic	22 9:30-10:15 am Fitness Class (FR) 1 pm Wii Sports (MR)	23 1:30 pm Knitting & Handcrafts (LR)	24 9:30-10:15 am Fitness Class (FR) 10 am New Pathways for Parkinson's (MR) 7 pm Movie Night (MR)	25 4-5 pm Wine & Cheese Social (M/LR)
26 1:30 pm Nondenominational Service Led by Judy Cucinotta (2T)	27 9:30-10:15 am Fitness Class (FR) 3 pm Spiritual Discussion Group (M/LR)	28 10 am Camden Shopping** 10 am Men's Group (GR) 11:30 am departure Cookout, Rockport Harbor* ** 2-3 pm Blood Pressure Clinic	29 9:30-10:15 am Fitness Class (FR) 1 pm Wii Sports (MR)	30 1:30 pm Knitting & Handcrafts (LR)	*Signup required **Transportation provided, weather and ridership permitting	