

JANUARY 2017 – Cottages & Apartments

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 New Year's Day 1:30 pm Nondenominational Service, Followed by Communion, Hosted by Episcopal Church (2nd Floor, Terraces)	2 9:30-10:15 am Fitness Class (FR) 3 pm Activities Committee (MR) 3-4 pm Book Club (L) 4:30 pm Piano with Mary (MR)	3 10 am Camden Shopping** 10 am Men's Group (GR) 12 noon-2 pm Parkinson's Support Group (MR, GR) 2-3 pm Blood Pressure Clinic 4:30 pm Piano with Mary (MR) 6-7 pm Alzheimer's Support Group (LR)	4 9:30 am Rockland Shopping** 9:30-10:15 am Fitness Class (FR) 1 pm Wii Sports (MR) 2:30 pm Walking Group (Lobby) 4:30 pm Piano with Mary (MR)	5 1:30 pm Knitting & Handcrafts (LR) 5 pm Piano with Marcia (MR)	6 9:30-10:15 am Fitness Class (FR) 10 am New Pathways for Parkinson's (MR) 3 pm Poetry, Tea & Thee (LR) 7 pm Movie Night (MR)	7 1:30 pm departure Marcia Anderson Art Exhibit and Reception, Camden Public Library* **
8 1:30 pm Nondenominational Service Led by Pastor Gabriele (2nd Floor, Terraces)	9 9:30-10:15 am Fitness Class (FR) 10:30 am-12:30 pm Documentary/Discussion Group (MR) 4:30 pm Piano with Mary (MR)	10 10 am Camden Shopping** 10 am Men's Group (GR) 2-3 pm Blood Pressure Clinic 4:30 pm Piano with Mary (MR)	11 9:30-10:15 am Fitness Class (FR) 1 pm Wii Sports (MR) 2:30 pm Walking Group (Lobby) 3:30 pm Remembrance Service (M/LR) 4:30 pm Piano with Mary (MR)	12 1:30 pm Knitting & Handcrafts (LR) 5 pm Singalong with Marcia (MR)	13 9:30 am Shopping in Freeport* ** 9:30-10:15 am Fitness Class (FR) 10 am New Pathways for Parkinson's (MR) 7 pm Movie Night (MR)	14 12:15 pm departure Art on Stage, <i>Bakersfield Mist</i> , Farnsworth Museum, Rockland * ** 4-5 pm Birthday Social (M/LR)
15 1:30 pm Nondenominational Service Led by Judy Cucinotta (2nd Floor, Terraces) 3:15 pm departure <i>All You Need Is Love</i> , Midcoast Community Chorus, Strom Auditorium, Rockport* **	16 Martin Luther King, Jr., Day 4:30 pm Piano with Mary (MR)	17 10 am Camden Shopping** 10 am Men's Group (GR) 10:30 am Women's Cancer Support Group (LR) 12:15 pm departure Encore Opera Series, <i>Nabucco</i> (Strand Theatre, Rockland)* ** 2-3 pm Blood Pressure Clinic 4:30 pm Piano with Mary (MR)	18 9:30 am Rockland Shopping** 9:30-10:15 am Fitness Class (FR) 1 pm Wii Sports (MR) 1:30 pm Introduction to Diego Rivera (3 rd Floor, Terraces) 2:30 pm Walking Group (Lobby) 4:30 pm Piano with Mary (MR)	19 8:30 am departure Senior College AM Classes* ** 12:15 pm departure Senior College PM Classes* ** 1:30 pm Knitting & Handcrafts (LR) 5 pm Singalong with Marcia (MR)	20 9:30-10:15 am Fitness Class (FR) 10 am New Pathways for Parkinson's (MR) 3 pm Poetry, Tea & Thee (LR) 7 pm Movie Night (MR)	21
22 1:30 pm Nondenominational Service Hosted by Methodist Church (2nd Floor, Terraces)	23 9:30-10:15 am Fitness Class (FR) 3 pm Spirituality Discussion Group (M/LR) 4:30 pm Piano with Mary (MR)	24 10 am Camden Shopping** 10 am Men's Group (GR) 2-3 pm Blood Pressure Clinic 4:30 pm Piano with Mary (MR)	25 9:30-10:15 am Fitness Class (FR) 1 pm Wii Sports (MR) 2:30 pm Walking Group (Lobby) 4:30 pm Piano with Mary (MR)	26 8:30 am departure Senior College AM Classes* ** 12:15 pm departure Senior College PM Classes* ** 1:30 pm Knitting & Handcrafts (LR) 5 pm Singalong with Marcia (MR)	27 9:30-10:15 am Fitness Class (FR) 10 am New Pathways for Parkinson's (MR) 11:30 am departure Lunch at Thomaston Café* ** 7 pm Movie Night (MR)	28 4-5 pm Wine & Cheese Social (M/LR)
29 1:30 pm Nondenominational Service Hosted by Congregational Church (2nd Floor, Terraces)	30 9:30-10:15 am Fitness Class (FR) 2 pm New Residents Tea (M/LR) 4:30 pm Piano with Mary (MR)	31 10 am Camden Shopping** 10 am Men's Group (GR) 12:15 pm departure Encore Opera Series, <i>Roméo et Juliette</i> , (Strand Theatre, Rockland)* ** 2-3 pm Blood Pressure Clinic 4:30 pm Piano with Mary (MR)	*Signup required **Transportation provided, weather and ridership permitting			