

February 2018

Cottages & Apartments

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 1:30 pm Knitting & Handcrafts (LR)	2 Groundhog Day 9:30 am Fitness Class (FR) 10 am New Pathways for Parkinson's (MR) 3 pm Poetry, Tea & Thee (LR) 3 pm Library Committee (L) 7 pm Movie Night (MR)	3
4 1:30 pm Nondenominational Service Hosted by Methodist Church (2nd Floor, Terraces) 6 pm Super Bowl Party, Patriots vs. Eagles (M/LR)	5 9:30 am Fitness Class (FR) 3 pm Activities Committee (GR) 3 pm Book Club (Library, 3rd Floor, Anderson Inn) 4:30 pm Piano with Mary (MR)	6 10 am Camden Shopping** 10 am Men's Group (GR) 12 noon-2 pm Parkinson's Support Group (MR, GR) 12:15 pm departure Encore Opera Series, <i>Tosca</i> (Strand Theatre, Rockland)* ** 2-3 pm Blood Pressure Clinic 4:30 pm Piano with Mary (MR) 6-7 pm Alz. Support Group (LR)	7 9:30 am Rockland Shopping** 9:30 am Fitness Class (FR) 1 pm Wii Sports (MR) 2:30 pm Walking Group (Lobby) 4:30 pm Piano with Mary (MR)	8 1:30 pm Knitting & Handcrafts (LR) 6:15 pm departure Cashore Marionettes (Strand Theatre, Rockland)	9 9:30 am Fitness Class (FR) 10 am New Pathways for Parkinson's (MR) 7 pm Movie Night (MR)	10 4-5 pm Birthday Social (M/LR)
11 1:30 pm Nondenominational Service Hosted by Congregational Church (2nd Floor, Terraces)	12 9:30 am Fitness Class (FR) 4:30 pm Piano with Mary (MR) 6:30 pm departure Dessert Cabaret, CHRHS* **	13 10 am Camden Shopping** 10 am Men's Group (GR) 10:30 am Women's Cancer Support Group (LR) TENTATIVE: 11:30 am-1 pm Fat Tuesday Pancake Extravaganza, Dining Room 2-3 pm Blood Pressure Clinic 4:30 pm Piano with Mary (MR)	14 Valentine's Day 9:30 am Fitness Class (FR) 10:30 am Writing Across Generations (WAG), 3rd Floor, Terraces 1 pm Wii Sports (MR) 2:30 pm Walking Group (Lobby) 4:30 pm Piano with Mary (MR)	15 1:30 pm Knitting & Handcrafts (LR)	16 9:30 am Fitness Class (FR) 10 am New Pathways for Parkinson's (MR) 3 pm Poetry, Tea & Thee (LR) 7 pm Movie Night (MR)	17
18 1:30 pm Nondenominational Service Hosted by Catholic Church (2nd Floor, Terraces)	19 Presidents Day 9:30 am Fitness Class (FR) 4:30 pm Piano with Mary (MR)	20 10 am Camden Shopping** 10 am Men's Group (GR) 11:45 pm departure Encore Opera Series, <i>L'Elisir D'Amore</i> (Strand Theatre, Rockland)* ** 2-3 pm Blood Pressure Clinic 4:30 pm Piano with Mary (MR)	21 9:30 am Rockland Shopping** 9:30 am Fitness Class (FR) 10:30 am- 12 noon "Maine Birds, Birdsongs and Blooms" (M/LR)* 1 pm Wii Sports (MR) 2:30 pm Walking Group (Lobby) 4:30 pm Piano with Mary (MR)	22 1:30 pm Knitting & Handcraft (LR)	23 9:30 am Fitness Class (FR) 10 am New Pathways for Parkinson's (MR) 4:30-6:30 pm Indoor Cabin Fever Reliever (1st Floor, Anderson Inn)*	24 4-5 pm Wine & Cheese Social (M/LR)
25 1:30 pm Nondenominational Service and Communion Hosted by Episcopal Church (2nd Floor, Terraces)	26 9:30 am Fitness Class (FR) 4:30 pm Piano with Mary (MR)	27 10 am Camden Shopping** 10 am Men's Group (GR) 1:20 pm CHRHS International Club 2-3 pm Blood Pressure Clinic 4:30 pm Piano with Mary (MR)	28 Purim Begins @ Sundown 9:30 am Fitness Class (FR) 11:30 am departure Lunch Out, Horsefeathers, Camden* ** 1 pm Wii Sports (MR) 2:30 pm Walking Group (Lobby) 4:30 pm Piano with Mary (MR)	*Signup required **Transportation provided, weather and ridership permitting		