

August 2019

Cottages & Apartments

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
*Signup required **Transportation provided, weather and ridership permitting				1 9:30 am Zumba (2 nd Floor, Terraces) 1:30 pm Knitting/Handcrafts (LR) 6:30 pm Scrabble/Cribbage (GR) 7 pm departure Bay Chamber Concerts, "Bach, Mozart, and Fauré" (Rockport Opera House)* **	2 9:30 am Fitness Class (MR) 11 am New Pathways for Parkinson's (MR) 3 pm Poetry, Tea & Thee (LR) 7 pm Movie Night (MR)	3
4 1 pm departure <i>Into the Woods</i> (Crosby Center, Belfast)* ** 1:30 pm Nondenominational Service Hosted by Methodist Church (2 nd Floor, Terraces)	5 9:30 am Fitness Class (MR) 11 am Walking Group (Lobby) 3 pm Activities Committee (GR)	6 10 am Camden Shopping** 12 noon-2 pm Parkinson's Support Group (MR, GR) 2-3 pm Blood Pressure Clinic 6-7 pm Alzheimer's Support Group (MR)	7 9:30 am Rockland Shopping** 9:30 am Fitness Class (MR) 1 pm Wii Golf (MR) 5:30 pm departure Lawn Concert and Cookout, Wayne Delano Jazz Quartet (Rockport Masonic Hall)* **	8 9:30 am Zumba (2 nd Floor, Terraces) 1:30 pm Knitting/Handcrafts (LR) 6:30 pm Scrabble/Cribbage (GR) 7 pm departure Bay Chamber Concerts, <i>Capriccio</i> (Rockport Opera House)* **	9 9:30 am Fitness Class (MR) 11 am New Pathways for Parkinson's (MR) 7 pm Movie Night (MR)	10 4-5 pm Birthday Social (M/LR)
11 1:30 pm Nondenominational Service Hosted by Congregational Church (2 nd Floor, Terraces) 4:15 pm departure Jazz on the Water (Rockport)* **	12 9:30 am Fitness Class (FR) 11 am Walking Group (Lobby)	13 10 am Camden Shopping** 2-3 pm Blood Pressure Clinic	14 9:30 am Fitness Class (MR) 1 pm Wii Golf (MR) 6:30 pm departure CIFF Film, <i>Mike Wallace Is Here</i> (Camden Opera House)* **	15 9:30 am Zumba (2 nd Floor, Terraces) 1:30 pm Knitting/Handcrafts (LR) 4:30-6:30 pm Lobster Bake (Anderson Inn Parking Area)* 6:30 pm Scrabble/Cribbage (GR) 7 pm departure Bay Chamber Concerts, Maxwell String Quartet (Rockpt. Opera House)* **	16 9:30 am Fitness Class (MR) 11 am New Pathways for Parkinson's (MR) 3 pm Poetry, Tea & Thee (LR) 7 pm Movie Night (MR)	17
18 1:30 pm Nondenominational Service Hosted by Catholic Church (2 nd Floor, Terraces) 3 pm MOJO Jazz Ensemble (Outside Anderson Inn)**	19 9:30 am Fitness Class (FR) 11 am Walking Group (Lobby)	20 9 am Cottage Association Board Meeting (DR) 10 am Camden Shopping** 10:30 am Catholic Mass (2 nd Floor, Terraces) 1:30 pm Pontoon Boat Ride 2-3 pm Blood Pressure Clinic	21 8:45 am departure "Looking at Loneliness Through a New Lens" (Pen Bay YMCA)* ** 9:30 am Rockland Shopping** 9:30 am Fitness Class (MR) 1 pm Wii Golf (MR)	22 9:30 am Zumba (2 nd Floor, Terraces) 1:30 pm Knitting/Handcrafts (LR) 6:30 pm Scrabble/Cribbage (GR)	23 9:30 am Fitness Class (MR) 11 am New Pathways for Parkinson's (MR) 7 pm Movie Night (MR)	24
25 1:30 pm Nondenominational Service and Communion Hosted by Episcopal Church (2 nd Floor, Terraces)	26 9:30 am Fitness Class (FR) 11 am Walking Group (Lobby)	27 10 am Camden Shopping** 2-3 pm Blood Pressure Clinic	28 9:30 am Fitness Class (MR) 1 pm Wii Golf (MR) 4:30 pm Piano with Mary (MR) 6:30 pm departure CIFF Film, To Be Announced (Camden Opera House)* **	29 9:30 am Zumba (2 nd Floor, Terraces) 1:30 pm Knitting/Handcrafts (LR) 6:30 pm Scrabble/Cribbage (GR)	30 9:30 am Fitness Class (MR) 11 am New Pathways for Parkinson's (MR) 2 pm departure Windjammer Parade (Mt. Battie)* ** 7 pm Movie Night (MR)	31 4-5 pm Wine & Cheese Social (M/LR)