

August 2015 – Cottages & Apartments

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 10 am departure Finnish Heritage House* **
2 1:30 pm Nondenominational Service by Congregational Church (2T) 5:30-8 pm "A Taste of Bologna," <u>by reservation only</u> (DR)	3 9:30-10:15 am Fitness Class (FR) 3 pm Activities Committee (MR)	4 10 am Camden Shopping** 10 am Men's Group (GR) 12 noon-1:45 pm Parkinson's Support Group (MR, GR) 2 pm Piano Recital (MR) 2-3 pm Blood Pressure Clinic 6-7 pm Alzheimer's Support Group (LR)	5 9:30 am Rockland Shopping** 9:30-10:15 am Fitness Class (FR) 1 pm Wii Sports (MR)	6 1:30 pm Knitting and Handcrafts (LR) 3:45 pm Computer Workshop (MR)* 7 pm departure Bay Chamber Concerts, "Interplay: The Wolf Family Concert"* **	7 9:30-10:15 am Fitness Class (FR) 10 am New Pathways for Parkinson's (MR) 3 pm Poetry, Tea & Thee (LR) 7 pm Movie Night (MR)	8 4-5 pm Birthday Social (M/LR)
9 1:30 pm Nondenominational Service by Catholic Church (2T)	10 9:30-10:15 am Fitness Class (FR)	11 10 am Camden Shopping** 10 am Men's Group (GR)	12 9:30 am Rockland Shopping** 9:30-10:15 am Fitness Class (FR) 12 noon-1:30 pm Caregivers Support Group (L)	13 1:30 pm Knitting and Handcrafts (LR) 3:45 pm Computer Workshop (MR)* 7 pm departure Bay Chamber Concerts, "Mozart and Brahms"* **	14 9:30-10:15 am Fitness Class (FR) 10 am New Pathways for Parkinson's (MR) 7 pm Movie Night (MR)	15
16 1:30 pm Nondenominational Service by Episcopal Church (2T) 3:15 pm departure Jazz on the Water, Rockport Harbor* **	17 9:30-10:15 am Fitness Class (FR)	18 10 am Camden Shopping** 10 am Men's Group (GR) 2-3 pm Blood Pressure Clinic	19 9:30 am Rockland Shopping** 9:30-10:15 am Fitness Class (FR) 10:30 am Adventures in Living Well, "It's in the Stars" (M/LR)*	20 1:30 pm Knitting and Handcrafts (LR) 5:30 pm departure Bay Chamber Concerts, "Haydn and Beethoven Quartets"* **	21 9:30-10:15 am Fitness Class (FR) 10 am New Pathways for Parkinson's (MR) 3 pm Poetry, Tea & Thee (LR) 4:30-6:30 pm Lobster Bake, Anderson Inn Parking Area*	22 1-3 pm Cottage Open House 5:30 pm departure Bay Chamber Concerts, "Marriage Suites"* **
23 1:30 pm Nondenominational Service Led by Judy Cucinotta (2T)	24 9:30-10:15 am Fitness Class (FR)	25 10 am Camden Shopping** 10 am Men's Group (GR) 2-3 pm Blood Pressure Clinic	26 9:30 am Rockland Shopping** 9:30-10:15 am Fitness Class (FR) 1 pm Wii Sports (MR)	27 1:30 pm Knitting and Handcrafts (LR)	28 9:30-10:15 am Fitness Class (FR) 10 am New Pathways for Parkinson's (MR) 7 pm Movie Night (MR)	29 4-5 pm Wine & Cheese Social (M/LR)
30 1:30 pm Nondenominational Service Led by Pastor Gabriel	31 9:30-10:15 am Fitness Class (FR)					*Signup required **Transportation provided, weather and ridership permitting