

AUGUST 2017 – Cottages & Apartments

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 10 am Camden Shopping** 10 am Men's Group (GR) 12 noon-2 pm Parkinson's Support Group (MR, GR) 2:30 pm Recorder Group (F) 4:30 pm Piano with Mary (MR) 6-7 pm Alzheimer's Support Group (LR)	2 9:30 am Rockland Shopping** 9:30 am Fitness Class (FR) 1 pm Wii Sports (MR) 2:30 pm Walking Group (Lobby) 4:30 pm Piano with Mary (MR)	3 1:30 pm Knitting & Handcrafts (LR) 7 pm departure Bay Chamber Concerts Summer Series (Rockport Opera House) * **	4 9:30 am Fitness Class (FR) 10 am New Pathways for Parkinson's (MR) 7 pm Movie Night (MR)	5
6 1:30 pm Nondenominational Service Led by Pastor Gabriele (2nd Floor, Terraces)	7 9:30 am Fitness Class (FR) 10:45 am Activities Committee (MR) 4:30 pm Piano with Mary (MR)	8 10 am Camden Shopping** 10 am Men's Group (GR) 10:30 am Women's Cancer Support Group (LR) 2-3 pm Blood Pressure Clinic 2:30 pm Recorder Group (FR) 4:30 pm Piano with Mary (MR)	9 9:30 am Fitness Class (FR) 1 pm Wii Sports (MR) 2:30 pm Walking Group (Lobby) 4:30 pm Piano with Mary (MR)	10 1:30 pm Knitting & Handcrafts (LR) 7 pm departure Bay Chamber Concerts Summer Series (Rockport Opera House) * **	11 9:30 am Fitness Class (FR) 10 am New Pathways for Parkinson's (MR) 3 pm Poetry, Tea & Thee (LR) 7 pm Movie Night (MR)	12 4-5 pm Birthday Social (M/LR)
13 1:30 pm Nondenominational Service Led by Rev. Hanks (2nd Floor, Terraces) 4:15 pm departure Jazz on the Water (Rockport Harbor)* **	14 9:30 am Fitness Class (FR) 4:30 pm Piano with Mary (MR)	15 10 am Camden Shopping** 10 am Men's Group (GR) 2-3 pm Blood Pressure Clinic 2:30 pm Recorder Group (FR) 4:30 pm Piano with Mary (MR)	16 9:30 am Rockland Shopping** 9:30 am Fitness Class (FR) 10:30am-noon "Out from Under the Tuscan Sun" (M/LR)* 1 pm Wii Sports (MR) 2:30 pm Walking Group (Lobby) 4 pm Piano with Masanobu Ikemiya (MR)	9 am Pontoon Boat Trip * ** 1:30 pm Knitting & Handcrafts (LR) 2 pm Pontoon Boat Trip * ** 7 pm departure Bay Chamber Concerts Summer Series (Rockport Opera House) * **	18 9:30 am Fitness Class (FR) 10 am New Pathways for Parkinson's (MR) 4:30 pm-6:30 pm Lobster Bake (Anderson Inn Parking Area)*	19 9:30 am departure Camden Farmers Market, Music by Jennifer Armstrong*
20 1:30 pm Nondenominational Service Hosted by Methodist Church (2nd Floor, Terraces)	21 9:30 am Fitness Class (FR) 2 pm Sail, Power & Steam Museum (Rockland)* ** 4:30 pm Piano with Mary (MR)	22 10 am Camden Shopping** 10 am Men's Group (GR) 2-3 pm Blood Pressure Clinic 2:30 pm Recorder Group (F) 4:30 pm Piano with Mary (MR)	23 9:30 am Fitness Class (FR) 1 pm Wii Sports (MR) 2:30 pm Walking Group (Lobby) 4:30 pm Piano with Mary (MR) 5:30 pm Miner's Creek Blue Grass Band (Masonic Lodge)* **	24 11 am Cookout at Rockport Harbor* ** 1:30 pm Knitting & Handcrafts (LR)	25 9:30 am Fitness Class (FR) 10 am New Pathways for Parkinson's (MR) 3 pm Poetry, Tea & Thee (LR) 7 pm Movie Night (MR)	26 4-5 pm Wine & Cheese Social (M/LR)
27 1:30 pm Nondenominational Service Hosted by Congregational Church (2nd Floor, Terraces)	28 9:30 am Fitness Class (FR) 4:30 pm Piano with Mary (MR)	29 10 am Camden Shopping** 10 am Men's Group (GR) 2-3 pm Blood Pressure Clinic 2:30 pm Recorder Group (FR) 4:30 pm Piano with Mary (MR)	30 9:30 am Fitness Class (FR) 1 pm Wii Sports (MR) 1:30 pm Pontoon Boat ride 2:30 pm Walking Group (Lobby) 4:30 pm Piano with Mary (MR)	31 1:30 pm Knitting & Handcrafts (LR) 1:30 pm Pontoon Boat ride	*Signup required **Transportation provided, weather and ridership permitting	