

April 2018

Cottages & Apartments

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Easter; April Fools Day 11 am-1 pm Easter Brunch Buffet by Reservation (DR)* 1 pm (special time) Nondenominational Easter Service Hosted by Reverend Dick Hanks (2nd Floor, Terraces)	2 9:30 am Fitness Class (FR) 1:30 pm Oil Painting (Crafts Room, 3 rd Floor, Terraces)* 3 pm Activities Committee (GR) 3 pm Book Club (Library, 3 rd Floor, Anderson Inn) 4:30 pm Piano with Mary (MR)	3 10 am Camden Shopping** 10 am Men's Group (GR) 11:45 am departure Lunch at MST World Café, Rockland* ** 12 noon-2 pm Parkinson's Resource & Information Forum (MR) 2-3 pm Blood Pressure Clinic 4:30 pm Piano with Mary (MR) 6-7 pm Alz. Support Group (LR)	4 9:30 am Rockland Shopping** 9:30 am Fitness Class (FR) 1 pm Wii Sports (MR) 2:30 pm Walking Group (Lobby) 4:30 pm Piano with Mary (MR)	5 8:30 am departure Senior College* ** 9:30 am Zumba (2T) 1:30 pm Knitting & Handcrafts (LR)	6 9:30 am Fitness Class (FR) 10 am New Pathways for Parkinson's (MR) 3 pm Poetry, Tea & Thee (LR) 7 pm Movie Night (MR)	7
8 1:30 pm Nondenominational Service and Communion Hosted by Episcopal Church (2nd Floor, Terraces)	9 9:30 am Fitness Class (FR) 10:30 am Documentary/Discussion Group (MR) 1:30 pm Art History with Jennifer Healy, "Edward Hopper," <u>resched.</u> from 3/28 (3 rd Floor, Terraces) 4:30 pm Piano with Mary (MR)	10 10 am Camden Shopping** 10 am Men's Group (GR) 10:30 am Women's Cancer Support Group (LR) 12:15 pm departure Encore Opera Series, <i>Così fan Tutte</i> (Strand Theatre, Rockland)* ** 2-3 pm Blood Pressure Clinic 4:30 pm Piano with Mary (MR)	11 9 am-noon Women After 50: "Finding the Roots of Our Empowerment" (MR)* 9:30 am Fitness Class (FR) 1 pm Wii Sports (MR) 2:30 pm Walking Group (Lobby) 4:30 pm Piano with Mary (MR)	12 Holocaust Remem. Day 8:30 am departure Senior College* ** 1:30 pm Knitting & Handcrafts (LR)	13 9:30 am Fitness Class (FR) 10 am New Pathways for Parkinson's (MR) 7 pm Movie Night (MR)	14 4-5 pm Birthday Social (M/LR)
15 1:30 pm Nondenominational Service Led by Mrs. Gabriele (2nd Floor, Terraces)	16 9:30 am Fitness Class (FR) 4:30 pm Piano with Mary (MR)	17 10 am Camden Shopping** 10 am Men's Group (GR) 2-3 pm Blood Pressure Clinic 4:30 pm Piano with Mary (MR)	18 9:30 am Rockland Shopping** 9:30 am Fitness Class (FR) 10:30 am "Taking Flight" (M/LR)* 1 pm Wii Sports (MR) 2:30 pm Walking Group (Lobby) 4:30 pm Piano with Mary (MR)	19 8:30 am departure Senior College* ** 9:30 am Zumba (2T) 1:30 pm Knitting & Handcrafts (GR) 2-3:30 pm Volunteer Recognition Tea by Invitation (M/LR)	20 9:30 am Fitness Class (FR) 10 am New Pathways for Parkinson's (MR) 3 pm Poetry, Tea & Thee (LR) 7 pm Movie Night (MR)	21
22 Earth Day 1:30 pm Nondenominational Service Led by Judy Cucinotta (2nd Floor, Terraces)	23 9:30 am Fitness Class (FR) 4:30 pm Piano with Mary (MR)	24 10 am Camden Shopping** 10 am Men's Group (GR) 11:45 pm departure Encore Opera Series, <i>Luisa Miller</i> (Strand Theatre, Rockland)* ** 2-3 pm Blood Pressure Clinic 4:30 pm Piano with Mary (MR)	25 9:30 am Fitness Class (FR) 10:15 am departure Senior Health Fair, Penobscot Shores, Belfast* ** 1 pm Wii Sports (MR) 2:30 pm Walking Group (Lobby) 4:30 pm Piano with Mary (MR)	26 8:30 am departure Senior College* ** 9:30 am Zumba (2T) 1:30 pm Knitting & Handcrafts (LR) 3 pm Welcome Reception for New Administrator Loriman Looke (M/LR)	27 9:30 am Fitness Class (FR) 10 am-3 pm AARP Driver Safety Course (MR)* 7 pm Movie Night (MR)	28 4-5 pm Wine & Cheese Social (M/LR)
29 1:30 pm Nondenominational Service Hosted by Methodist Church (2nd Floor, Terraces)	30 9:30 am Fitness Class (FR) 4:30 pm Piano with Mary (MR)	*Signup required **Transportation provided, weather and ridership permitting				