

March 2018

Cottages & Apartments

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

*Signup required **Transportation provided, weather and ridership permitting					1 9:30 am Zumba (FR) 1:30 pm Knitting & Handcrafts (LR)	2 9:30 am Fitness Class (FR) 10 am New Pathways for Parkinson's (MR) 3 pm Poetry, Tea & Thee (LR) 3 pm Library Committee (L) 7 pm Movie Night (MR)	3
4 1:30 pm Nondenominational Service Led by Mrs. Gabriele (2nd Floor, Terraces)	5 9:30 am Fitness Class (FR) 1:30 pm Oil Painting (Crafts Room, 3rd Floor, Terraces) 3 pm Activities Committee (GR) 3 pm Book Club (Library, 3rd Floor, Anderson Inn) 4:30 pm Piano with Mary (MR)	6 10 am Camden Shopping** 10 am Men's Group with Jim Nichols (MR) 12 noon-2 pm Parkinson's Support Group (MR, GR) 11:45 am departure Encore Opera Series, <i>La Bohème</i> (Strand Theatre, Rockland)* ** 2-3 pm Blood Pressure Clinic 4:30 pm Piano with Mary (MR) 6-7 pm Alz. Support Group (LR)	7 9:30 am Rockland Shopping** 9:30 am Fitness Class (FR) 1 pm Wii Sports (MR) 2:30 pm Walking Group (Lobby) 4:30 pm Piano with Mary (MR)	8 9:30 am Zumba (FR) 10 am SoulCollage (M/LR) 1:30 pm Knitting & Handcrafts (LR)	9 9:30 am Fitness Class (FR) 10 am New Pathways for Parkinson's (MR) 7 pm Movie Night (MR)	10 4-5 pm Birthday Social (M/LR)	
11 Daylight Saving Time Begins at Midnight 1:30 pm Nondenominational Service Led by Judy Cucinotta (2nd Floor, Terraces)	12 9:30 am Fitness Class (FR) 10:30 am Documentary/Discussion Group (MR) 4:30 pm Piano with Mary (MR)	13 10 am Camden Shopping** 10 am Men's Group (GR) 10:30 am Women's Cancer Support Group (LR) 2-3 pm Blood Pressure Clinic 4:30 pm Piano with Mary (MR)	14 9:30 am Fitness Class (FR) 10:30 am Writing Across Generations (3rd Floor, Terraces) 11:30 am departure Lunch at Café Miranda* ** 1 pm Wii Sports (MR) 2:30 pm Walking Group (Lobby) 4:30 pm Piano with Mary (MR)	15 9:30 am Zumba (FR) 10 am SoulCollage (M/LR) 1:30 pm Knitting & Handcrafts (LR)	16 9:30 am Fitness Class (FR) 10 am New Pathways for Parkinson's (MR) 3 pm Poetry, Tea & Thee (LR) 7 pm Movie Night (MR)	17 Saint Patrick's Day 2-3 pm Irish Coffee Social (M/LR)	
18 1:30 pm Nondenominational Service Hosted by Methodist Church (2nd Floor, Terraces)	19 9:30 am Fitness Class (FR) 4:30 pm Piano with Mary (MR)	20 Spring Begins 10 am Camden Shopping** 10 am Men's Group (GR) 12:15 pm departure Encore Opera Series, <i>Semiramide</i> (Strand Theatre, Rockland)* ** 2-3 pm Blood Pressure Clinic 4:30 pm Piano with Mary (MR)	21 9:30 am Rockland Shopping** 9:30 am Fitness Class (FR) 10:30 am "Around the World on a Bike" (M/LR)* 1 pm Wii Sports (MR) 2:30 pm Walking Group (Lobby) 4:30 pm Piano with Mary (MR)	22 8:30 am departure Senior College, Morning Classes* ** 9:30 am Zumba (FR) 12:15 pm departure Senior College, Afternoon Classes* ** 1:30 pm Knitting & Handcrafts (LR) 6 pm departure Jazz Night (CHRHS)* **	23 9:30 am Fitness Class (FR) 10 am New Pathways for Parkinson's (MR) 7 pm Movie Night (MR)	24	
25 Palm Sunday 1:30 pm Nondenominational Service Hosted by Congregational Church (2nd Floor, Terraces) 1:30 pm departure Everyman Repertory Theatre, <i>Bakersfield Mist</i> , Farnsworth Museum* **	26 9:30 am Fitness Class (FR) 3 pm "Balance As We Age" with John Jenkins (M/LR)* 4:30 pm Piano with Mary (MR)	27 10 am Camden Shopping** 10 am Men's Group (GR) 2-3 pm Blood Pressure Clinic 4:30 pm Piano with Mary (MR)	28 9:30 am Fitness Class (FR) 1 pm Wii Sports (MR) 2:30 pm Walking Group (Lobby) 4:30 pm Piano with Mary (MR)	29 8:30 am departure Senior College, Morning Classes* ** 9:30 am Zumba (FR) 12:15 pm departure Senior College, Afternoon Classes* ** 1:30 pm Knitting & Handcrafts (LR)	30 Good Friday; Passover Begins at Sundown 9:30 am Fitness Class (FR) 10 am New Pathways for Parkinson's (MR) 7 pm Movie Night (MR)	31 4-5 pm Wine & Cheese Social (M/LR)	