

DECEMBER 2017 – Cottages & Apartments

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 9:30 am Fitness Class (FR) 10 am New Pathways for Parkinson's (MR) 3 pm Poetry, Tea & Thee (LR) 7 pm Movie Night (MR)	2 11 am-12 noon Singalong with Girl Scouts (M/LR) 3 pm departure "Ringing in the Season" (First Congregational Church, Camden)* **
3 1 pm departure <i>The Lion King</i> (Strom Auditorium, CHRHS)* ** 1:30 pm Nondenominational Service and Communion Hosted by Episcopal Church (2nd Floor, Terraces)	4 9:30 am Fitness Class (FR) 1 pm Yoga with Toni (FR)* 3 pm Activities Committee (MR) 3 pm Book Club (Library, 3 rd Floor, Anderson Inn) 4:30 pm Piano with Mary (MR)	5 10 am Camden Shopping** 10 am Men's Group (GR) 12 noon-2 pm Parkinson's Support Group (MR, GR) 2-3 pm Blood Pressure Clinic 2:30 pm Recorder Class (FR) 4:30 pm Piano with Mary (MR) 6-7 pm Alz. Support Group (LR)	6 9:30 am Rockland Shopping** 9:30 am Fitness Class (FR) 1 pm Wii Sports (MR) 2:30 pm Walking Group (Lobby) 4:30 pm Piano with Mary (MR)	7 Pearl Harbor Remem. Day 1:30 pm Knitting & Handcrafts (LR)	8 9:30 am Fitness Class (FR) 10 am New Pathways for Parkinson's (MR) 7 pm Movie Night (MR)	9 2:15 pm departure Songs of Solomon Gospel Choir (Rockport Opera House)* ** 4-5 pm Birthday Social (M/LR)
10 1 pm departure Downeast Singers, "A Celtic Christmas with Castlebay" (Rockport Opera House)* ** 1:30 pm Nondenominational Service Led by Judy Cucinotta (2nd Floor, Terraces)	11 9:30 am Fitness Class (FR) 10:30 am Doc./Discussion Group (MR)* 1 pm Yoga with Toni (FR)* 4:30 pm Piano with Mary (MR)	12 Hanukkah begins@ Sundown 10 am Camden Shopping** 10 am Men's Group (GR) 2-3 pm Blood Pressure Clinic 2:30 pm Recorder Class (FR) 4:30 pm Piano with Mary (MR)	13 9:30 am Fitness Class (FR) 12:30 pm departure Adventures in Living Well, "Four Centuries of Christmas in New England" (Camden Public Library)* ** 1 pm Wii Sports (MR) 2:30 pm Walking Group (Lobby) 4:30 pm Piano with Mary (MR)	14 1:30 pm Knitting & Handcrafts (LR) 3 pm Apartment Residents Meeting (M/LR) 6:15 pm departure CHRHS Band/Choral Concert (Strom Auditorium)* **	15 9:30 am Fitness Class (FR) 10 am New Pathways for Parkinson's (MR) 3 pm Poetry, Tea & Thee (LR) 7 pm Movie Night (MR)	16 3 pm departure Mount View Chorus (John Street Methodist Church, Camden)* ** 7 pm Bossov Ballet, <i>The Nutcracker</i> via live-stream TV (MR)
17 1:30 pm Nondenominational Service Led by Lay Person Mrs. Gabriele (2nd Floor, Terraces)	18 9:30 am Fitness Class (FR) 1 pm Yoga with Toni (FR)* 4:30 pm Piano with Mary (MR)	19 10 am Camden Shopping** 10 am Men's Group (GR) 2-3 pm Blood Pressure Clinic 2-3:30 pm Holiday Party (M/LR)	20 9:30 am Rockland Shopping** 9:30 am Fitness Class (FR) 1 pm Wii Sports (MR) 2:30 pm Walking Group (Lobby) 4:30 pm Piano with Mary (MR)	21 Winter Begins 1:30 pm Knitting & Handcrafts (LR)	22 9:30 am Fitness Class (FR) 10 am New Pathways for Parkinson's (MR) 7 pm Movie Night (MR)	23
24 1:30 pm Nondenominational Service Hosted by Methodist Church (2nd Floor, Terraces)	25 Christmas Day	26 10 am Camden Shopping** 10 am Men's Group (GR) 2-3 pm Blood Pressure Clinic 2:30 pm Recorder Class (FR) 4:30 pm Piano with Mary (MR)	27 9:30 am Fitness Class (FR) 1 pm Wii Sports (MR) 2:30 pm Walking Group (Lobby) 4:30 pm Piano with Mary (MR)	28 1:30 pm Knitting & Handcrafts (LR)	29 9:30 am Fitness Class (FR) 10 am New Pathways for Parkinson's (MR) 7 pm Movie Night (MR)	30
31 New Year's Eve 1:30 pm Nondenominational Service Hosted by Congregational Church (2nd Floor, Terraces) 4:30 pm New Year's Eve Party (1 st Floor, Anderson Inn)	*Signup required **Transportation provided, weather and ridership permitting					