

# December 2018

# Cottages & Apartments

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 10 am "A Very Jazzy Christmas" (MR)
2 <b>Hanukkah Begins at Sundown</b> 1:30 pm Nondenominational Service Hosted by Congregational Church (2nd Floor, Terraces)	3 9:30 am Fitness Class (FR) 11 am Walking Group (Lobby) 3 pm Book Club (Library, 3rd Floor, Anderson Inn) 3 pm Activities Committee (GR) 4:30 pm Piano with Mary (MR) 6:15 pm departure Mountain View Chorus (Chestnut St. Baptist)* **	4 10 am Camden Shopping** 12 noon-2 pm Parkinson's Support Group (MR, GR) 2-3 pm Blood Pressure Clinic 4:30 pm Piano with Mary (MR) 6-7 pm Alzheimer's Support Group (LR)	5 9:30 am Rockland Shopping** 9:30 am Fitness Class (FR) 1 pm Wii Golf (MR) 4:30 pm Piano with Mary (MR)	6 9:30 am Zumba (2T) 1:30 pm Knitting/Handcrafts (LR)	7 <b>Pearl Harbor Day</b> 9:30 am Fitness Class (FR) 10 am New Pathways for Parkinson's (MR) 3 pm Poetry, Tea & Thee (LR) 7 pm Movie Night (MR)	8 4-5 pm Birthday Social (M/LR)
9 1:15 pm departure Downeast Singers, "Hark! How the Bells!," Rockport Opera House* ** 1:30 pm Nondenominational Service Hosted by Catholic Church (2nd Floor, Terraces)	10 9:30 am Fitness Class (FR) 10:30 am Documentary/Discussion (MR) 11 am Walking Group (Lobby) 4:30 pm Piano with Mary (MR)	11 10 am Camden Shopping** 10:30 am Women's Cancer Support Group (LR) 2-3 pm Blood Pressure Clinic 3 pm Walmart Shopping* ** 4:30 pm Piano with Mary (MR)	12 9:30 am Fitness Class (FR) 11 am Holiday Songs with Middle School Students (MR) 1 pm Wii Golf (MR) 4:30 pm Piano with Mary (MR)	13 9:30 am Zumba (2T) 1:30 pm Knitting/Handcrafts (LR) 3 pm Apartment Residents Meeting (M/LR) 6:15 pm departure Choral Concert, CHRHS* **	14 9:30 am Fitness Class (FR) 10 am New Pathways for Parkinson's (MR) 7 pm Movie Night (MR)	15 1 pm Holiday Visit with Girl Scouts (MR)
16 1:30 pm Nondenominational Service and Communion Hosted by Episcopal Church (2nd Floor, Terraces)	17 9:30 am Fitness Class (FR) 11 am Walking Group (Lobby) 4:30 pm Piano with Mary (MR) 7 pm departure Christmas Lights Ride* **	18 10 am Camden Shopping** 10:30 am Catholic Mass w/Father Hyacinth (2nd Floor, Terraces) 2-3 pm Blood Pressure Clinic 4:30 pm Piano with Mary (MR)	19 9:30 am Rockland Shopping** 9:30 am Fitness Class (FR) 10:30 am "Inside the Big Little World of Chris Van Dusen" (M/LR) 1 pm Wii Golf (MR) 4:30 pm Piano with Mary (MR)	20 9:30 am Zumba (2T) 1:30 pm Knitting/Handcrafts (LR)	21 <b>Winter Begins</b> 9:30 am Fitness Class (FR) 10 am New Pathways for Parkinson's (MR) 2 pm Holiday Party (M/LR) 7 pm Movie Night (MR)	22
23 1:30 pm Nondenominational Service Led by Mrs. Gabriele (2nd Floor, Terraces) 3 pm Movie Matinée (MR)	24 9:30 am Fitness Class (FR) 11 am Walking Group (Lobby) 2-3 pm Blood Pressure Clinic 4:30 pm Piano with Mary (MR)	25 <b>Christmas</b> 12-2 pm Christmas Dinner, by reservation (DR)*	26 9:30 am Fitness Class (FR) 12:15 pm departure Encore Opera Series, <i>La Traviata</i> (Strand Theatre, Rockland)* ** 1 pm Wii Golf (MR) 4:30 pm Piano with Mary (MR)	27 9:30 am Zumba (2T) 1:30 pm Knitting/Handcrafts (LR)	28 9:30 am Fitness Class (FR) 10 am New Pathways for Parkinson's (MR) 7 pm Movie Night (MR)	29
30 1:30 pm Nondenominational Service Led by Judy Cucinotta (2nd Floor, Terraces)	31 <b>New Year's Eve</b> 9:30 am Fitness Class (FR) 11 am Walking Group (Lobby) 2-3 pm Blood Pressure Clinic <b>New Year's Eve Party:</b> 4:30 pm Cocktails 5:30 pm Dinner 7-8 pm Music by Miners Creek 8:30 pm Movie			*Signup required **Transportation provided, weather and ridership permitting		