

July 2018

Cottages & Apartments

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 1:30 pm Nondenominational Service and Communion Hosted by Episcopal Church (2nd Floor, Terraces)	2 9:30 am Fitness Class (FR) 11 am Walking Group (Lobby) 3 pm Activities Committee (GR) 4:30 pm Piano with Mary (MR)	3 10 am Camden Shopping** 10 am Men's Group (GR) 12 noon-2 pm Parkinson's Support Group (MR, GR) 2-3 pm Blood Pressure Clinic 4:30 pm Piano with Mary (MR) 6-7 pm Alzheimer's Support Group (LR)	4 Independence Day 2 pm Fourth of July Celebration, Anderson Inn Parking Area (weather permitting; MR if it rains)	5 9:30 am Zumba (2T) 1:30 pm Knitting & Handcrafts (LR)	6 9:30 am Fitness Class (FR) 10 am New Pathways for Parkinson's (MR) 3 pm Poetry, Tea & Thee (LR) 7 pm Movie Night (MR)	7
8 1:15 pm departure Memorial Service for Elaine Bandstra (St. John Baptist Church, Thomaston)* ** 1:30 pm Nondenominational Service Led by Mrs. Gabriele (2nd Floor, Terraces)	9 9:30 am Fitness Class (FR) 11 am Walking Group (Lobby) 4:30 pm Piano with Mary (MR)	10 10 am Camden Shopping** 10 am Men's Group (GR) 2-3 pm Blood Pressure Clinic 4:30 pm Piano with Mary (MR)	11 9:30 am Fitness Class (FR) 1 pm Wii Sports (MR) 4:30 pm Piano with Mary (MR)	12 9:30 am Zumba (2T) 1:30 pm Knitting & Handcrafts (LR)	13 9:30 am Fitness Class (FR) 10 am New Pathways for Parkinson's (MR) 7 pm Movie Night (MR)	14 4-5 pm Birthday Social (M/LR)
15 1:30 pm Nondenominational Service Led by Judy Cucinotta (2nd Floor, Terraces)	16 9:30 am Fitness Class (FR) 11 am Walking Group (Lobby) 4:30 pm Piano with Mary (MR)	17 10 am Camden Shopping** 10 am Men's Group (GR) 2-3 pm Blood Pressure Clinic 4:30 pm Piano with Mary (MR)	18 9:30 am Rockland Shopping** 9:30 am Fitness Class (FR) 10:30 am Conserving the Coastal Mountains (MR)* ** 1 pm Wii Sports (MR) 4:30 pm Piano with Mary (MR)	19 9:30 am Zumba (2T) 1:30 pm Knitting & Handcrafts (LR) 7 pm departure Bay Chamber Concerts Summer Series, "Austro German Luster" (Rockport Opera House)* **	20 9:30 am Fitness Class (FR) 10 am New Pathways for Parkinson's (MR) 3 pm Poetry, Tea & Thee (LR) 7 pm Movie Night (MR)	21
22 1:30 pm Nondenominational Service Hosted by Methodist Church (2nd Floor, Terraces)	23 9:30 am Fitness Class (FR) 4:30 pm Piano with Mary (MR)	24 10 am Camden Shopping** 10 am Men's Group (GR) 11:30 am Cottage Association Board Meeting (DR) 4 pm Piano with Masanobu (MR)	25 9:30 am Fitness Class (FR) 1 pm Wii Sports (MR) 4:30 pm Piano with Mary (MR) 5:30 pm Classic Car Rally – Anderson Inn parking lot	26 9:30 am Zumba (2T) 1:30 pm Knitting & Handcrafts (LR) 7 pm departure Bay Chamber Concerts Summer Series, "Enlightenment" (Rockport Opera House)* **	27 9:30 am Fitness Class (FR) 10 am New Pathways for Parkinson's (MR) 12 noon departure Food Truck at <i>Down East Magazine</i> (Rockport)* ** 7 pm Movie Night (MR)	28 4-5 pm Wine & Cheese Social (M/LR)
29 1:30 pm Nondenominational Service Hosted by Congregational Church (2nd Floor, Terraces)	30 9:30 am Fitness Class (FR) 10:30 am Safe Medication Storage and Disposal (M/LR)* 11 am Walking Group (Lobby) 4:30 pm Piano with Mary (MR)	31 10 am Camden Shopping** 10 am Men's Group (GR) 2-3 pm Blood Pressure Clinic 4:30 pm Piano with Mary (MR)	*Signup required **Transportation provided, weather and ridership permitting			