

May 2018

Cottages & Apartments

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 May Day 10 am Camden Shopping** 10 am Men's Group (GR) 10 am Residents Council Meeting (MR) 12 noon-2 pm Parkinson's Support Group (MR, GR) 2-3 pm Blood Pressure Clinic 4:30 pm Piano with Mary (MR) 6-7 pm Alz. Support Group (LR)	2 9:30 am Rockland Shopping** 9:30 am Fitness Class (FR) 1 pm Wii Sports (MR) 4:30 pm Piano with Mary (MR)	3 National Day of Prayer 9:30 am Zumba (2T) 1:30 pm Knitting & Handcrafts (LR)	4 9:30 am Fitness Class (FR) 10 am New Pathways for Parkinson's (MR) 3 pm Poetry, Tea & Thee (LR) 7 pm Movie Night (MR)	5 4:30-7 pm Kentucky Derby Viewing Party (M/LR)
6 1:30 pm Nondenominational Service Hosted by Congregational Church (2nd Floor, Terraces)	7 9:30 am Fitness Class (FR) 11 am Walking Group (Lobby) 3 pm Activities Committee (GR) 3 pm Book Club (Library, 3 rd Floor, Anderson Inn) 4:30 pm Piano with Mary (MR)	8 10 am Camden Shopping** 10 am Men's Group (GR) 10:30 am Women's Cancer Support Group (LR) 12:15 pm departure Encore Opera Series, <i>Cendrillon</i> (Strand Theatre, Rockland) * ** 2-3 pm Blood Pressure Clinic 3 pm "Dental Health" (M/LR)* 4:30 pm Piano with Mary (MR)	9 9:30 am Fitness Class (FR) 9:30 am departure Colby College Art Museum* ** 1 pm Wii Sports (MR) 4:30 pm Piano with Mary (MR)	10 9:30 am Zumba (2T) 1:30 pm Knitting & Handcrafts (LR)	11 9:30 am Fitness Class (FR) 10 am New Pathways for Parkinson's (MR) 7 pm Movie Night (MR)	12 4-5 pm Birthday Social (M/LR)
13 Mother's Day 11 am-1 pm Mother's Day Brunch (by reservation)* 1:30 pm Nondenominational Service Hosted by Catholic Church (2nd Floor, Terraces)	14 9:30 am Fitness Class (FR) 10:30 am Documentary/Discussion Group (MR) 11 am Walking Group (Lobby) 4:30 pm Piano with Mary (MR) 6:15 pm departure CHRHS Choral Concert, Strom Auditorium* **	15 10 am Camden Shopping** 10 am Men's Group (GR) 2-3 pm Blood Pressure Clinic 3 pm Half-Year Cottage Shareholders Meeting (M/LR) 4:30 pm Piano with Mary (MR)	16 9:30 am Rockland Shopping** 9:30 am Fitness Class (FR) 10:30 am "Maine's Red Paint People and Their Natural World" (M/LR)* 1 pm Wii Sports (MR) 4:30 pm Piano with Mary (MR)	17 9:30 am Zumba (2T) 1:30 pm Knitting & Handcrafts (LR)	18 9:30 am Fitness Class (FR) 10 am New Pathways for Parkinson's (MR) 3 pm Poetry, Tea & Thee (LR) 3-5 pm Pre-Yard Sale for Residents & Staff (Anderson Inn Parking Area) 7 pm Scottish Dancers (Gardens)	19 Armed Forces Day 8 am-12 noon Yard Sale (Anderson Inn Parking Area)
20 1:30 pm Nondenominational Service and Communion Hosted by Episcopal Church (2nd Floor, Terraces)	21 9:30 am Fitness Class (FR) 11 am Walking Group (Lobby) 4:30 pm Piano with Mary (MR)	22 10 am Camden Shopping** 10 am Men's Group (GR) 11:30 am Cottage Association Board Meeting (DR) 2-3 pm Blood Pressure Clinic 4 pm Piano with Masanobu (MR)	23 9:30 am Fitness Class (FR) 11 am departure Lunch at Darby's Restaurant* ** 1 pm Wii Sports (MR) 4:30 pm Piano with Mary (MR)	24 9:30 am Zumba (2T) 1:30 pm Knitting & Handcrafts (LR)	25 9:30 am Fitness Class (FR) 10 am New Pathways for Parkinson's (MR) 7 pm Movie Night (MR)	26 4-5 pm Wine & Cheese Social (M/LR)
27 1:30 pm Nondenominational Service Led by Mrs. Gabriele (2nd Floor, Terraces)	28 Memorial Day 2 pm Memorial Day Observance (MR)	29 10 am Camden Shopping** 10 am Men's Group (GR) 2-3 pm Blood Pressure Clinic 4:30 pm Piano with Mary (MR)	30 9:30 am Fitness Class (FR) 1 pm Wii Sports (MR) 4:30 pm Piano with Mary (MR)	31 9:30 am Zumba (2T) 1:30 pm Knitting & Handcrafts (LR)	*Signup required **Transportation provided, weather and ridership permitting	