

October 2018

Cottages & Apartments

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	1 9:30 am Fitness Class (FR) 11 am Walking Group (Lobby) 3 pm Cottage Shareholders Meeting (MR) 4:30 pm Piano with Mary (MR)	2 10 am Camden Shopping** 10 am Men's Group (GR) 12 noon-2 pm Parkinson's Support Group (MR, GR) 2-3 pm Blood Pressure Clinic 4:30 pm Piano with Mary (MR) 6-7 pm Alzheimer's Support Group (LR)	3 9:30 am Rockland Shopping** 9:30 am Fitness Class (FR) 1 pm Wii Golf (MR) 4:30 pm Piano with Mary (MR)	4 9:30 am Zumba (2T) 1:30 pm Knitting/Handcrafts (LR)	5 9:30 am Fitness Class (FR) 10 am New Pathways for Parkinson's (MR) 3 pm Poetry, Tea & Thee (Library, 3 rd Floor, Anderson Inn) 7 pm Movie Night (MR)	6	
7 1:30 pm Nondenominational Service Led by Judy Cucinotta (2nd Floor, Terraces)	8 Columbus Day 9:30 am Fitness Class (FR) 10:30 am Documentary/Discussion (MR) 11 am Walking Group (Lobby) 3 pm Book Club (Library, 3 rd Floor, Anderson Inn) 4:30 pm Piano with Mary (MR)	9 10 am Camden Shopping** 10 am Men's Group (GR) 10:30 am Women's Cancer Support Group (LR) 2-3 pm Blood Pressure Clinic 4:30 pm Piano with Mary (MR)	10 9:30 am Fitness Class (FR) 1 pm Wii Golf (MR) 3 pm Activities Committee (3T) 4:30 pm Piano with Mary (MR)	11 9:30 am Zumba (2T) 1:30 pm Knitting/Handcrafts (LR)	12 9:30 am Fitness Class (FR) 10 am-3 pm AARP Driver Safety Course (MR)* 10 am New Pathways for Parkinson's (MR) 11 am departure Foliage Ride/Lunch @ 51 Main in Liberty* 7 pm Movie Night (MR)	13 4-5 pm Birthday Social (M/LR)	
14 1:30 pm Nondenominational Service Hosted by Methodist Church (2nd Floor, Terraces) 3:30 pm departure "Great Movie Songs of the Past" (Camden Congregational Church)*	15 9:30 am Fitness Class (FR) 11 am Walking Group (Lobby) 1:30 pm Art History with Jennifer Healy, "Vermeer" (Living Room, 3 rd Floor, Terraces) 4:30 pm Piano with Mary (MR)	16 10 am Camden Shopping** 10 am Men's Group (GR) 12:15 pm departure Encore Opera Series, <i>Aida</i> (Strand Theatre, Rockland)* ** 2-3 pm Blood Pressure Clinic	17 9:30 am Rockland Shopping** 9:30 am Fitness Class (FR) 1 pm Wii Golf (MR) 12:30 pm departure "From Mass. Professor to Maine Farmer" (Camden Library)* ** 4:30 pm Piano with Mary (MR)	18 9:30 am Zumba (2T) 11 am Residents Council Meeting (MR) 1:30 pm Knitting/ Handcrafts (LR)	19 9:30 am Fitness Class (FR) 10 am New Pathways for Parkinson's (MR) 3 pm Poetry, Tea & Thee (Library, 3 rd Floor, Anderson Inn) 7 pm Movie Night (MR)	20 3 pm (doors open at 2 pm) Penobscot Bay Ringers Autumn Ring (DR)	
21 1:30 pm Nondenominational Service Hosted by Congregational Church (2nd Floor, Terraces)	22 9:30 am Fitness Class (FR) 10:30 am How Town Government Works in Camden (M/LR)* 11 am Walking Group (Lobby) 4:30 pm Piano with Mary (MR)	23 10 am Camden Shopping** 10 am Men's Group (GR) 2-3 pm Blood Pressure Clinic 3 pm Talk on Native Apples (MR)	24 9 am-12 noon Women After 50, "Self Compassion" (MR)* 9:30 am Fitness Class (FR) 1 pm Wii Golf (MR) 4:30 pm Piano with Mary (MR)	25 9:30 am Zumba (2T) 9:30-11 am Absentee Voting (MR) 1:30 pm Knitting/Handcrafts (LR)	26 9:30 am Fitness Class (FR) 10 am New Pathways for Parkinson's (MR) 7 pm Movie Night (MR)	27 4-5 pm Wine & Cheese Social (M/LR)	
28 1:30 pm Nondenominational Service Hosted by Catholic Church (2nd Floor, Terraces)	29 9:30 am Fitness Class (FR) 11 am Walking Group (Lobby) 4:30 pm Piano with Mary (MR)	30 10 am Camden Shopping** 10 am Men's Group (GR) 12:15 pm departure Encore Opera Series, <i>Samson et Delila</i> (Strand Theatre, Rockland)* ** 2-3 pm Blood Pressure Clinic	31 Halloween 9:30 am Fitness Class (FR) 1 pm Wii Golf (MR) 4:30 pm Piano with Mary (MR)	*Signup required **Transportation provided, weather and ridership permitting			