



March 2015 – Cottages & Apartments

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 1:30 pm Nondenom. Service by Episcopal Church (2T) 1:30 pm departure <i>As It Is in Heaven</i> , Rockport Opera House* **	2 9:30-10:15 am Fitness Class (FR) 3 pm Activities Committee (MR) 3 pm Book Club (L)	3 10 am Camden Shopping** 10 am Men's Group (GR) 12 noon Parkinson's Support (MR, GR) 12:30 pm departure Opera at Strand* ** 2 pm Wii Bowling (MR) 3 pm Wii Golf (MR) 2-3 pm Blood Pressure Clinic	4 9:30 am Rockland Shopping** 9:30-10:15 am Fitness Class (FR) 10 am Coffee Talk (MR)	5 1:30 pm Knitting and Handcrafts (LR)	6 8:30 am departure Portland Flower Show* ** 9:30-10:15 am Fitness Class (FR) 10 am New Pathways for Parkinson's (MR) 3 pm Poetry, Tea & Thee (LR) 7 pm Movie Night (MR)	7
8 Daylight Saving Begins 1:30 pm Nondenominational Lay-led Service (2T)	9 9:30-10:15 am Fitness Class (FR) 10:30 am-12:30 pm Documentary/Discussion Group (MR)	10 10 am Camden Shopping** 10 am Men's Group (GR) 1 pm Wii Bowling (MR) 2 pm Wii Golf (MR) 2-3 pm Blood Pressure Clinic	11 9:30 am Rockland Shopping** 9:30-10:15 am Fitness Class (FR) 11:40 departure "Soup's On" Lunch, Congregational Church, Camden* **	12 1:30 pm Knitting and Handcrafts (LR) 3 pm Apartment Residents Meeting (M/LR)	13 9:30-10:15 am Fitness Class (FR) 10 am New Pathways for Parkinson's (MR) 7 pm Movie Night (MR)	14 4-5 pm Birthday Social (M/LR)
15 1:30 pm Nondenom. Service by Coastal Christian (2T) 1:15 pm Opera with Peggy (MR)	16 9:30-10:15 am Fitness Class (FR)	17 St. Patrick's Day 10 am Camden Shopping** 10 am Men's Group (GR) 10:30 am Women's Cancer Support Group (MR) 2-3 pm Blood Pressure Clinic 6:30 pm Irish Coffee Social (M/LR)	18 9:30 am Rockland Shopping** 9:30-10:15 am Fitness Class (FR) 12:30 pm departure Adventures in Living Well, "Using Herbs," Camden Public Library* **	19 1 pm Reading Buddies w/ Kids from Sweet Tree Arts (GR) 1:30 pm Knitting and Handcrafts (LR)	20 Spring Begins 9:30-10:15 am Fitness Class (FR) 10 am New Pathways for Parkinson's (MR) 3 pm Poetry, Tea & Thee (LR) 7 pm Movie Night (MR)	21
22 1:30 pm Nondenom. Service by Methodist Church (2T)	23 9:30-10:15 am Fitness Class (FR) 3 pm Going Strong, "Hearing Loss" (M/LR)	24 10 am Camden Shopping** 10 am Men's Group (GR) 1 pm Wii Bowling (MR) 2 pm Wii Golf (MR) 2-3 pm Blood Pressure Clinic	25 9:30 am Rockland Shopping** 9:30-10:15 am Fitness Class (FR)	26 8:30 am departure Senior College AM classes* ** 12:15 pm departure Senior College PM classes* ** 1:30 pm Knitting and Handcrafts (GR)	27 9:30-10:15 am Fitness Class (FR) 10 am New Pathways for Parkinson's (MR) 7 pm Movie Night (MR)	28 4-5 pm Wine & Cheese Social (M/LR)
29 Palm Sunday 1:30 pm Nondenom. Service by Congregational Church (2T)	30 9:30-10:15 am Fitness Class (FR)	31 10 am Camden Shopping** 10 am Men's Group (GR) 1 pm Wii Bowling (MR) 2 pm Wii Golf (MR) 2-3 pm Blood Pressure Clinic				*Signup required **Transportation provided, weather and ridership permitting