

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# February 2025



## Terraces

<p>2 Holti Off</p> <p>10 am: Bingo (2T) 2 pm: Craft: Feed a Bird (Craft Room) 4 pm: Bereavement Support Group (IL Game Room)</p> <p>Groundhog Day</p>	<p>3</p> <p>Feed the Birds Day</p>	<p>4</p> <p>9:30 am: Activities Shops for Residents 2 pm: Creative Stitchery (3T)</p>	<p>5</p> <p>10 am: Taboo (Trivia) (2T) 2 pm: Reading Group w/ Holli (2T Living Room) 2 pm: Creative Coloring Therapy (Craft Room)</p>	<p>6 Lynne Off</p> <p>10 am: Resident Council Meeting (2T) 10:30 am: Men's Group (IL Game Room) 11 am: Awareness Series, "Green Burial, Leaving the World a Better Place" (IL Media/ Living Room), Sign Up 2:30 pm: Seated Yoga (2T)</p>	<p>7</p> <p>9:30 am Departure: Walmart, Thomaston, Sign Up 10 am: Craft: Mosaic Heart Pin (2T) 2 pm: Sit &amp; Be Fit (2T) 3 pm: Introduction to Chinese Mahjong (2T) 6:30 pm: Shabbat Service (2T) National Wear Red Day</p>	<p>8</p>
<p>9</p>	<p>10</p> <p>9:30 am: Veterans Coffee Social w/ American Legion War Memorial Post 30 (3T DR) 10 am: Bingo (2T) 12 noon: Parkinson's Support Group (IL Media/Living Room) 2 pm: Creative Stitchery (3T)</p>	<p>11</p> <p>9:30 am: Activities Shops for Residents 3 pm: Scrabble (2T)</p> <p>Peppermint Patty Day</p>	<p>12 Holti Off</p> <p>10 am: Our Lady of Good Hope Catholic Church (2T Living Room) 11 am: Documentary: The Rare and Exotic Animals "White Lions" (2T) (YouTube, 52 min.) 1:30 pm: Awareness Series: "Safe Handling of Medications" (IL Media/Living Room), Sign Up 2 pm: Creative Coloring Therapy (Craft Room)</p>	<p>13 Lynne off</p> <p>10 am: Live Music w/ Heather Hardy (2T) 10:30 am: Men's Group (IL Game Room) 2:30 pm: Seated Yoga (2T) 6:15 pm Departure: CHRHS Dessert Cabaret, Camden, Sign Up</p>	<p>14</p> <p>11 am: Valentine's Day Visit from Peopleplace Children (2T) 2 pm: Camden Library, Sign Up 2 pm: Valentine's Day Ice Cream Social (2T) Valentine's Day</p>	<p>15</p>
<p>16 Holti Off</p> <p>10 am: Bingo (2T) 2 pm: Creative Stitchery (3T)</p>	<p>17</p> <p>Presidents' Day (U.S.)</p>	<p>18</p> <p>9:30 am: Activities Shops for Residents 10 am: Trivia (2T) 2 pm: Dietary Meeting (2T) 3 pm: Enrichment Series: "Chaga, A Mushroom with Healing Benefits" (IL Media/Living Room), Sign Up</p>	<p>19</p> <p>9 am: Manicures (3T) 10 am: Creative Coloring Therapy (Craft Room) 1:30 pm: Movie: Fiddler on the Roof (2T) (YouTube, Musical, 2 hrs.) Prize in a Box Day</p>	<p>20 Lynne Off</p> <p>10 am: Craft: Fishbowl Snowman (Craft Room), Sign Up 10:30 am: Men's Group (IL Game Room) 1 pm: CMCA Art Studio (Gardens Dining Room) 2:30 pm: Seated Yoga (2T)</p>	<p>21 Lynne Off</p> <p>10 am: Sit &amp; Be Fit (2T) 2 pm: Preferred Therapy Education Session, "Unmasking Parkinson's Disease" (IL Media Living Room) 2 pm: Reading Group w/ Holli (2T Living Room)</p>	<p>22 Lynne On</p> <p>11:30 am Departure: Lunch at Roselyn Thai Fine Cuisine, Rockland, Sign Up 3 pm: Creative Coloring (Craft Room)</p>
<p>23 Lynne On</p> <p>10 am: Scrabble (2T) 1:30 pm: Chestnut Street Baptist Church (2T) 3 pm: Bingo (2T)</p>	<p>24 Holti Off</p> <p>10 am: Bingo (2T) 2 pm: Creative Stitchery (3T)</p>	<p>25 Holti Off</p> <p>9:30 am: Activities Shops for Residents 10 am: Pet Therapy Visits w/ Angus 2 pm: Rembrandt van Rijn "Storm of the Sea" Art History Presentation (IL Media/Living Room)</p>	<p>26 Holti and Lynne Off</p> <p>8 am: Men's Breakfast (IL Dining Room) 10 am: Our Lady of Good Hope Catholic Church (2T Living Room)</p>	<p>27 Lynne Off</p> <p>10 am: Movie: Coming to America(2T) (Netflix, Comedy, 1 hr., 43 min.) 10:30 am: Men's Group (IL Game Room) 2:30 pm: Seated Yoga (2T)</p>	<p>28</p> <p>10 am: Sit &amp; Be Fit (2T) 2 pm: Beer/Wine &amp; Pizza Social (2T) 2 pm Departure: Camden Library, Sign Up Ramadan Begins</p>	

Activities Details Subject to Change