

Sunday

Monday

Tuesday

Wednesday


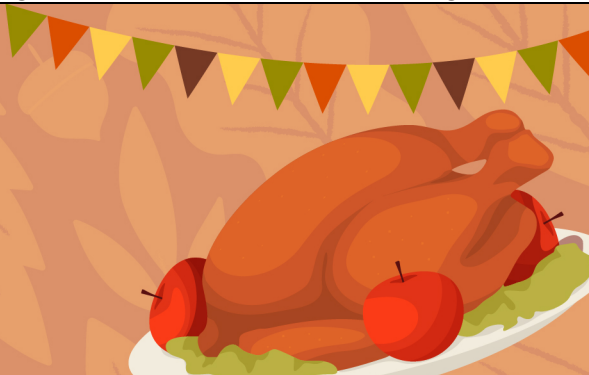
Thursday

Friday

Saturday

NOVEMBER 2024

Terraces

				<p>9:30 am Departure: Walmart, Thomaston, Sign Up 10 am: Sit & Be Fit (2T) 2 pm Departure: Camden & Rockport Libraries, Sign Up 2 pm: Hank Lunn Presents "Lake Titicaca, Peru's High Plains Lake" (IL Media Room)</p>	<p>1</p>	<p>2</p>
<p>3</p> <p>Holli Off</p> <p>10 am: Bingo (2T) 2 pm: Trivia (2T) 4 pm: Bereavement Support Group (IL Game Room)</p> <p>Daylight Saving Time Ends</p>	<p>4</p>	<p>5</p> <p>9:30 am: Activities Shops for Residents 10:30 am: Share, Care, & Prayer Group (2T Living Room) 2 pm: Creative Coloring Therapy (2T) 3:30 pm: Pet Therapy Visits w/ Angus</p>	<p>6</p> <p>10 am: Our Lady of Good Hope Catholic Church Service (2T) 10 am: Po-Ke-No (2T) 11 am: Awareness Series, "The Dilemma of Diabetes" (IL Media Room), Sign Up 2 pm: Creative Stitchery (3T)</p>	<p>7</p> <p>Lynne Off</p> <p>10 am: Resident Council (2T) 10:30 am: Men's Group (IL Game Room) 2:30 pm: Seated Yoga (2T)</p>	<p>8</p> <p>10 am: Sit & Be Fit (2T) 2 pm: Live Music w/ Chris Heard (2T) 6:30 pm Departure: Peter Boie Magic Show for Non-Believers, Rockport Opera House, Rockport, Sign Up</p>	<p>9</p>
<p>10</p> <p>1:30 pm: First Congregational Church Service (2T)</p>	<p>11</p> <p>8 am Departure: Veterans Day Breakfast, Camden Hills Regional High School, Camden, Sign Up 12 noon: Parkinson's Support Group (IL Media Room)</p> <p>Veterans Day</p>	<p>12</p> <p>9:30 am: Activities Shops for Residents 9:30 am: Manicures (3T) 10 am: Pet Therapy Visits w/ Angus 2 pm: Dietary Meeting (2T)</p>	<p>13</p> <p>Holli Off</p> <p>9:30 am: Veterans Coffee Social w/ American Legion War Memorial Post 30 (3T Dining Room) 10 am: Bingo (2T) 10 am: Manicures (3T) 2 pm: Creative Stitchery (2T)</p>	<p>14</p> <p>Lynne Off</p> <p>10 am: Fall Cookie Decorating (IL Media/Living Room), Sign Up 10:30 am: Men's Group (IL Game Room) 2:30 pm: Seated Yoga (2T)</p>	<p>15</p> <p>10 am: Crafts (3T) 10 am: Sit & Be Fit (2T) 2 pm Departure: Camden & Rockport Libraries, Sign Up 2 pm: Chorus Group (2T)</p>	<p>16</p>
<p>17</p> <p>Holli Off</p> <p>10 am: Bingo (2T) 2 pm: Creative Stitchery (3T)</p>	<p>18</p>	<p>19</p> <p>9:30 am: Activities Shops for Residents 10 am: Pet Therapy Visits w/ Angus 10:30 am: Share, Care, & Prayer Group (2T Living Room) 11 am: Documentary: <i>Wildlife - Episode 5: Elephants of Africa & Asia</i> (2T) (You Tube, 52 min.) 2 pm: Creative Coloring Therapy (2T)</p>	<p>20</p> <p>8 am: Men's Breakfast (IL Dining Room), Sign Up 10 am: Our Lady of Good Hope Catholic Church Service (2T Living Room) 10 am: Po-Ke-No (2T) 1 pm: Preferred Therapy Education Session, "Staying Sharp As You Age (IL Media Room), Sign Up 2 pm: Ice Cream Social (2T)</p>	<p>21</p> <p>Lynne Off</p> <p>9:30 am: Baking (3T) 10:30 am: Men's Group (IL Game Room) 11 am: Documentary: <i>Largest Gorilla Found in Congo! Brave Mission</i> (2T) (YouTube, 48 min.) 1 pm: CMCA Art Studio (Gardens Dining Room) 2:30 pm: Seated Yoga (2T)</p>	<p>22</p> <p>Lynne Off</p> <p>10 am: Sit & Be Fit (2T) 2 pm: Chorus Group (2T) 6:30 pm: Shabbat Service (2T)</p>	<p>23</p> <p>Lynne On</p> <p>11:30 am Departure: Lunch at Rockport Diner, Rockport, Sign Up 3 pm: Thumb Ball, Get to Know Your Neighbors (2T)</p>
<p>24</p> <p>Lynne On</p> <p>11 am: Trivia (2T) 2 pm: Scrabble Game (2T)</p>	<p>25</p> <p>Holli Off</p> <p>10 am: Bingo (2T) 2 pm: Creative Stitchery (3T) 2 pm: Movie: <i>The Pursuit of Happyness</i> (2T) (You Tube, 1 hr., 57 min.)</p>	<p>26</p> <p>9:30 am: Activities Shops for Residents 10 am: Pet Therapy Visits w/ Angus 10 am: Sit & Be Fit (2T)</p>	<p>27</p> <p>Lynne Off</p> <p>10 am: Family Feud (2T) 2 pm Departure: Dairy Queen, Rockland, Sign Up</p>	<p>28</p> <p>Lynne Off</p> <p>9 am: Macy's Thanksgiving Day Parade (NBC, Channel 6) 10:30 am: Men's Group (IL Game Room)</p> <p>Thanksgiving Day</p>	<p>29</p> <p>Sunny Off</p> <p>10 am: Po-Ke-No (2T) 10 am: Reading Group (2T Living Room) 2 pm Departure: Camden & Rockport Libraries, Sign Up 2 pm: Chorus Group (2T)</p>	<p>30</p>

Activities Details Subject to Change