

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# October 2024

		1 9:30 am: Activities Shops for Residents 10 am: Pet Therapy Visits w/ Angus 10:30 am: Share, Care, & Prayer Group (2T Living Room) 2 pm: Creative Stitchery (3T)	2 Lynne Off 11 am: Movie: <i>Great Moments of I Love Lucy</i> (2T) (YouTube, 44 min.) 1:15 pm Departure: <b>Center for Maine Contemporary Art (CMCA) Tour and Art Lab, Rockland, Sign Up</b>  Rosh Hashanah Begins	3 Lynne Off 10 am: Resident Council (2T) 10:30 am: Men's Group (IL Game Room) 2:30 pm: Seated Yoga (2T)	4 9:30 am Departure: <b>Goodwill/Walmart, Rockland/Thomaston, Sign Up</b> 10 am: Reading Group (2T) 2 pm Departure: <b>Camden &amp; Rockport Libraries, Sign Up</b> 2 pm: Movie w/ Popcorn: <i>Leave it to the Marines</i> (2T) (Comedy, YouTube, 1 hr., 46 min.)	5
6	7 10 am: Bingo (2T) 2 pm: Creative Stitchery (3T)	8 9:30 am: Activities Shops for Residents 10 am: Pet Therapy Visits w/ Angus 10:30 am: Share, Care, & Prayer Group (2T Living Room) 2 pm: Paint a Pumpkin (2T)	9 10 am: Po-Ke-No (2T) 10 am: Our Lady of Good Hope Catholic Church Service (2T) 11 am: Documentary: <i>Icebound—The Greatest Dog Story Ever Told</i> (2T) (YouTube, 59 min.)	10 Lynne Off 10 am: <b>Live Music w/ Heather Hardy (2T)</b> 10:30 am: Men's Group (IL Game Room) 11 am: <b>Enrichment Serices: "Understanding Palliative Care" (IL Media Room), Sign Up</b> 2:30 pm: Seated Yoga (2T)	11 9 am: Manicures (3T) 10 am: Creative Coloring Therapy (2T) 2 pm Departure: <b>Thomaston Historical Society, Thomaston, Sign Up</b>  Yom Kippur Begins	12
13 1:30 pm: First Congregational Church Service (2T)	14 9:30 am: <b>Veterans Coffee Social w/ American Legion War Memorial Post 30 (3T Dining Room)</b> 10 am: Bingo (2T) 2 pm: Afternoon Tea Social (2T)  Columbus Day (US) Indigenous Peoples' Day	15 9:30 am: Activities Shops for Residents 10 am: Pet Therapy Visits w/ Angus 10:30 am: Share, Care, & Prayer Group (2T Living Room) 2 pm Departure: <b>Artistic Pumpkin Viewing, Damariscotta, Sign Up</b> 2 pm: Creative Stitchery (3T)	16 9 am: Soup Prep. for 2 pm Social w/ Lynne (3T) 2 pm: Soup Social w/ Lynne (3T Dining Room)  Sukkot Begins	17 Lynne Off 10 am: Reading Group (2T) 10:30 am: Men's Group (IL Game Room) 1 pm: <b>CMCA Art Studio (Gardens Dining Room), Sign Up</b> 2:30 pm: Seated Yoga (2T) 4 pm: <b>Enrichment Series, "Terra Incognita" (IL Media Room), Sign Up</b>	18 9 am: <b>Absentee Voting (2T)</b> 2 pm Departure: <b>Camden &amp; Rockport Libraries, Sign Up</b> 2 pm: <b>Paint &amp; Sip w/ Rachael, Fall Theme (IL Media Room), Sign Up</b>	19
20	21 10 am: Bingo (2T) 2 pm: Creative Stitchery (3T)	22 9:30 am: Activities shops for Residents 9 am: Manicures (3T) 10 am: Pet Therapy Visits w/ Angus 10:30 am: Share, Care, & Prayer Group (2T Living Room) 2 pm: <b>Ice Cream Social (2T)</b>	23 10 am Departure: <b>Fall Foliage Scenic Ride, Sign Up</b> 10 am: Our Lady of Good Hope Catholic Church Service (2T) 2 pm: <b>Live Music w/ Jim Gibson (2T)</b>  Simchat Torah Begins	24 Lynne Off 9:30 Departure: <b>Knox County Triad Senior Luncheon, Rockport, Sign Up</b> 10:30 am: Men's Group (IL Game Room) 2:30 pm: Seated Yoga (2T)	25 Lynne Off 10:45 am Departure: <b>Lunch at Kume Japanese Restaurant, Augusta, Sign Up</b> 6:30 pm: Shabbat Service (2T)	26 Lynne On 11:30 am Departure: <b>Lunch at Applebee's, Thomaston, Sign Up</b> 2 pm: Creative Stitchery (3T)
Lynne On 27 2 pm: Trivia (2T)	28 10 am: Bingo (2T) 2 pm: Creative Stitchery (3T)	29 9:30 am: Activities Shops for Residents 10 am: Pet Therapy Visits w/ Angus 10 am: Reading Group (2T) 10:30 am: Share, Care, & Prayer Group (2T Living Room) 2 pm: <b>Sand Art w/ the Monks of Drepung Gomang Monastery (Gardens Dining Room), Sign Up</b>	30 Lynne Off 10 am: <b>Welcome Reception for Patty, Director of Dining Services (2T)</b> 2 pm: <b>Live Music w/ Arlene Gamble (2T)</b>	31 Lynne Off 10 am: <b>Halloween Costume Parade</b> 10:30 am: Men's Group (IL Game Room) 2:30 pm: Seated Yoga (2T)  Halloween	<h2>Terraces</h2> 	

Activities Details Subject to Change